



7.1.1 Number of gender equity promotion programs organized by the institution during the last five years.

Type of the programme	Date & Year	Web Link	Page Nos.
International women's day celebration, building resilience a key to empowerment	06-03-2019	https://pica.ac.in/international-womens-day-celebration-on-building-resilience-a-key-to-empowerment/	1-6
International women's day celebration (Essay writing competition)	15-03-2020	https://pica.ac.in/international-womens-day-celebration-on-essay-writing-competition/	7-9
International women's day celebration (Inclusive Social Awareness)	08-03-2021	https://pica.ac.in/international-womens-day-celebration-on-inclusive-social-awareness/	10-12
Be confident be strong body and mind (Be confident Be strong: Body and Mind)	09-03-2021	https://pica.ac.in/womens-day/	13-18
International women's day celebration (Ms. Nidhi Goyal, a disability and gender rights activist,)	08-03-2021	https://pica.ac.in/guest-lecture-on-womens-day/	19-21
International women's day celebration (Gender justice and Indian constitution)	08-03-2022	https://pica.ac.in/international-womens-day-celebration-on-gender-justice-and-indian-constitution/	22-25
Career opportunities in Defense for women	18-01-2022	https://pica.ac.in/guest-lecture-on-career-opportunities-for-students-in-defence-particularly-women/	26-30

PRINCIPAL**PILLAI COLLEGE OF ARCHITECTURE**Dr. K. M. Vasudevan Pillai Campus,
10, Sector-16, New Parvel-410 206.

PILLAI COLLEGE OF ARCHITECTURE

Dr. K.M. Vasudevan Pillai Campus, Sector 16, New Panvel, Mah. India 410 206.

Tel.: 022 2745 6100 / 2745 1700 / 27481764 Fax: 022 2748 3208

WEB SITE : www.pica.ac.in Email: pica@mes.ac.in, pica.panvel@gmail.com



Testing Camp – Random Blood Sugar, Hemoglobin & Bone Density	21-09-2022	https://pica.ac.in/testing-camp-random-blood-sugar-hemoglobin-bone-density/	31-45
Health and Wellness for Stress Management	20-12-2022	https://pica.ac.in/health-and-wellness-for-stress-management/	46-55
Legal awareness of women's rights amongst the youth	10-03-2023	https://pica.ac.in/seminar-on-legal-awareness-of-womens-rights-amongst-the-youth/	56-61
Training and awareness programme on rights of women	05-12-2022	https://pica.ac.in/training-and-awareness-program-on-rights-of-woman/	62-64
Cyber security	30-01-2023	https://pica.ac.in/wdc-on-cyber-security/	65-72
International women's day celebration (Swati Mukharji)	08-03-2023	https://pica.ac.in/international-womens-day/	73-77

PRINCIPAL**PILLAI COLLEGE OF ARCHITECTURE**Dr. K. M. Vasudevan Pillai Campus,
10, Sector-16, New Panvel-410 206.

M.E.S.		
PILLAI COLLEGE OF ARCHITECTURE , New Panvel		
INTERNATIONAL WOMEN’S DAY		
WDC	Session : 2018- 19	YEAR - I, III, IV, V
Date : 6th of March 2019		Semester : II,IV,VI,X

Mahatma Education Society's Pillai Group of Institutions celebrated International Women’s Day on 6th of March 2019 at Dr. K M Vasudevan Pillai Campus, Sector 16, New Panvel. To celebrate this day, the Women’s Development Cell of Pillai College of Architecture, students and faculty members attended a talk on the theme, “Building Resilience – A Key to Empowerment” by Ms. Nisha Chandak.

The talk was well received and appreciated by the audience. Ms. Nisha Chandak in her address mentioned that it is very important for the girls to accept and love themselves as they are and enable every girl realize their potential to the fullest and feel beautiful inside out.

On the occasion of International Women's Day at the Pillai Campus. Ms.Jyoti Mhapsekar a noted social worker and founder of Stree Mukti Sanghatana was felicitated with the “Soroptimist Excellence Award 2019” by Daphne Pillai, Chairperson, Management Board, Mahatma Education Society and the Founder President of Soroptimist International Bombay Chembur, an organization that is affiliated to the international body, Soroptimist International that works for the welfare of women and the girl child. The theme of Soroptimism is “Educating, Empowering and Enabling” women to build better lives for themselves.

In her inaugural welcome address on the occasion, Dr. Daphne Pillai, who is also the member of the Women's Development Cell, University of Mumbai, mentioned that the celebration of this day is symbolic to bring to the forefront the various issues faced by women all over the world. She urged the faculty and the students to focus on the 2019 United Nations theme of the day, “Balance for Betterment” and work towards reducing the gender gap in the society.





SEM IV (SECOND YEAR) B.ARCH 2018-2019 ATTENDANCE SHEET			
Date:	6th March 2019		
S.No.	Adm. No.	STUDENT'S NAME	SIGN
1	2017PA0042	AGARWAL RADHIKA RAJKUMAR	P
2	2017PA0046	AMAL MURALIDHARAN	
3	2017PA0017	ANGICHEKAR BHAGYASHREE BHARAT	P
4	2017PA0016	AYUSH ANIL KUMAR	P
5	2017PA0033	BANDEKAR SHREYA VINOD	P
6	2017PA0068	BARSE NIKITA PRABHAKAR	P
7	2017PA0018	BNARADWA DITYA RAVI	P
8	2017PA0043	BHAT VISHAL VINOD	
9	2017PA0044	BLESSY KATHIRAM JAMES	P
10	2017PA0006	CHALKE SEVAL SHRISH	P
11	2017PA0049	CHASKAR SHRUTEE DATTATRAYA	P
12	2017PA0027	CHAVAN SIDDHI SANTOSH	P
13	2017PA0050	CHILKAR NAMRATA RAJENDRA	P
14	2017PA0301	CHUDHARY MUKESH POONARAM	
15	2017PA0074	DHESMUNDHARAYA PRATAP	
16	2017PA0009	DESHPANDE NIKHIL MOHAN	P
17	2017PA0002	DHAWALE MADHVA HIMANT	P
18	2017PA0053	GARG MUSKAN HIMANT	P
19	2017PA0028	GAWADE TANAYA VISHAKAR	P
20	2017PA0063	GHARAT ANVI BHARAT	
21	2017PA0057	GHARGE OMRUSHI SAKDESH	P
22	2017PA0036	HEDGE ABHISHEK SURENDRA	
23	2017PA0089	JOSHI URVILAIT	
24	2017PA0057	KADAM SAURAV VINOD	P
25	2017PA0038	KASINKAR SWATI APPA	
26	2017PA0070	KARNAT ZENRA	
27	2017PA0004	KAMTHANKAR REVATI UDAY	
28	2017PA0065	KONDE KAUSTUBH UDAY	
29	2017PA0066	MATHUR SURABHI SANJAY	P
30	2017PA0010	MATHUR TANYA PRASHANT	P
31	2017PA0076	MENON SHWETA ARUN	
32	2017PA0057	MERLIN M KURUMOSE	
33	2017PA0071	MORJA NIDHI RAMESH	P
34	2017PA0014	MUJIBURY ANKIT	
35	2017PA0008	NACHANE SHREYA MANGESH	P

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6/3/2019

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6/3/2019



SEM VI (THIRD YEAR) B.ARCH 2018-2019 ATTENDANCE SHEET			
Date:	6th March 2019		
S.No.	Adm. No.	Student name	Sign
48	2016PA0073	VISHALKAR GUJARV	
49	2016PA0091	PANCHAL VAISHAV ANVI	
51	2016PA0055	PANWARI TANAMNA KUSHMUNDI	
52	2016PA0039	PATE SANWET ARVIND	
53	2016PA0075	PATE SHUBAM RAHUL	P
54	2016PA0031	PATE SHUBHAM PRAMOD	
55	2016PA0041	PATE SWARAJ MANOHAR	
56	2016PA0011	PELLAI DEVIPRIYA VISHWANATHAN	P
57	2016PA0040	PELLAI PRANAV PRAKASH	
58	2016PA0059	RAJLAKSHMI SHIVRAMKRISHNAN	P
59	2016PA0088	RANDIVE SANWET SUNIL	
60	2016PA0055	RAO SHWETA PRAHLAD	
61	2016PA0047	SALCAR SHOUNAK SANJAY	
62	2016PA0088	SANGTANI VISHAL INDERKUMAR	
63	2016PA0034	SARSOJKAR DIKSHA SUDESH	P
64	2016PA0087	SHANKI IQRA MOHAMMED NAJEM	
65	2016PA0044	SHENDE PRAVIL RAJENDRA	
66	2016PA0032	SHINDE NISHAGANDHA	P
67	2016PA0067	SHINDE YASHRA SHEKHAR	P
68	2016PA0071	SURKHECHA SIDDHI ARVIND	
69	2016PA0074	SUTAR KARAN ANANDKANT	
70	2016PA0046	VARE ASHVAJ	
71	2016PA0014	VAZHAYIL RINU REE	
72	2016PA0072	VERMA RISHABH JITENDRA	
73	2016PA0016	WADKAR YASH PRASANNA	
74	2016PA0088	WAPALIA SHREYANJANA VIMALASHU	
75	2016PA0002	WIKITA SARU	
76	2016PA0009	DESHPANDE YOGITHA RAJU	

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6/3/2019

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6/3/2019



SEM X (FIFTH YEAR) B.ARCH 2018-2019			
ATTENDANCE SHEET			
DATE: 6th March 2019			
S.No.	Adm. No.	Student Name	Sign
48	2013PA0050	PADALKAR SWAROOP SKAND	
49	2013PA0031	PALLIPATTU ALMAMARIA BABU	
50	2014PA0093	PATEL DHARA VINOD	P
51	2014PA0107	PATEL VIRUSHABH	
52	2013PA0033	PETKAR KALPITA SANJAY	
53	2014PA0081	PILLAI AATHIRA SURENDRANATH	
54	2014PA0027	PRADHAN AISHWARYA MEGHRAJ	P
55	2014PA0075	RACCA PARAM BHUPENDRA	
56	2014PA0043	BANE MIHIR VIPUL	
57	2013PA0066	ROHIT ANIL KUMAR	
58	2014PA0076	SALVI AKANKSHA JAYESH	
59	2014PA0103	SALVI KASTURI	
60	2014PA0009	SATHE NIKITA MANOJ	P
61	2014PA0095	SAWANT YASH	
62	2014PA0102	SAWLEKAR ANIRUDHA	
63	2014PA0032	SHAH KAJOL BIPIN	
64	2014PA0063	SHAHDADPURI ANUSHKA VIJAY	
65	2014PA0100	SHETTY NIBHA	P
66	2014PA0008	SHINDE SNEHA VITHAL	P
67	2014PA0019	SINGH PRIYANKA SURESHKUMAR	
68	2014PA0022	SOLANKI KARAN DHIRAJ	
69	2014PA0053	SRUTHI K KISHORE N	
70	2014PA0109	SUVARNA DIKSHA	
71	2013PA0049	THALE NEHA	P
72	2014PA0044	TIMBADIYA HIMANI MANSUKH	
73	2014PA0032	VAIDYA ABHISHEK HEMANT	
74	2014PA0094	VAITY VIKSHAN	
75	2014PA0029	VEDAK MIHEER NARENDRA	
76	2012PA0022	VEDANTE KSHIPRA PRAVEEN	P
77	2014PA0018	ZAWAR SHUBHAM	
78	2012PA0048	ZOPE HARSHADA PRAVIN	

Dr. D. G.
6/3/2019

ABShk
06/03/2019



SEM II (FIRST YEAR) B.ARCH 2018-2019			
ATTENDANCE SHEET			
Date: 6th March 2019			
S.No.	Adm. No.	STUDENT'S NAME	SIGN
1	2018PA0079	AMBRE KRUNAL TUKARAM	
2	2018PA0021	BAKARE KARTIK KANHLAKAR	
3	2018PA0077	BEDIKAR ANKIT MAHENDRA	
4	2018PA0049	BHANDIWAD SANJANA SHRIMHARIVITHAL	P
5	2018PA0078	BHOJAK KASHISR	
6	2018PA0075	BORADE SIDDHESH CHANDRAKANT	
7	2018PA0066	DESHMUKH MANAS VINAY	
8	2018PA0020	DEVADKAR RUTUJA KAJLAS	P
9	2018PA0004	GHALTE DANAYAL JAWED AHMED	
10	2018PA0050	GOSWAMI SAARANI	
11	2018PA0060	GOTHE AISHWARYA ARUN	P
12	2018PA0081	GUPTA ANURAG PHOOLCHAND	
13	2018PA0013	GUPTA NEHA DINESH	P
14	2018PA0012	HRISHKESH ACHINTYA	
15	2018PA0058	IADHAV DHIRAJ SAMBRAJI	
16	2018PA0043	JAIN DIKSHA CHETAN	P
17	2018PA0011	JAISON ANGEL	
18	2018PA0022	JASWAL AMULYA ATUL KUMAR	
19	2018PA0053	JITHIN JAYARAJAN	
20	2018PA0071	JOSHI MANSI PRASHANT	P
21	2018PA0044	KANASE ANJANA SUOHIR	P
22	2018PA0014	KANWATH JOEL PIOUS	
23	2018PA0008	KORE ARATI DATTATRAY	P
24	2018PA0062	KOTIAN TANVI RAMNATH	P
25	2018PA0063	KUMDALE SONAL NANDKUMAR	P
26	2018PA0051	KURHADE JAGRUTI RAMESH	
27	2018PA0047	KUSH GOYAL	
28	2018PA0056	LAD SHARVARI PRAVIN	P
29	2018PA0036	LIGAM KSHITIJ BHAGWAN	P
30	2018PA0070	MAJETHIA RONAK RAMESH	

Dr. D. G.
6/3/2019

ABShk
06/03/2019





M.E.S.		
PILLAI COLLEGE OF ARCHITECTURE , New Panvel		
International Women's Day		
Anubhuti Event	Session : 2019 - 20	YEAR - All
Date : 15 March 2020		Semester : All

Faculty	Faculty incharge : Prof. Shubhangi Bhide
	Student coordinators : Sanket Vinbandik, V S V S Vindhyavalli Devi

On the occasion of International Women's Day, Pillai Group of Institutions had organized an Essay writing competition for the students of MES, New Panvel Campus. The topics for the Essay Competition were

1. Breaking the Glass ceiling
2. Women Empowerment and Education
3. Inspiring Women – one Indian Example
4. Women in Technology – Opportunities & challenges
5. Unsung Women Heroes



Some students of Pillai college of Architecture participated from Pillai Group of Institutions.

**SEM IV (SECOND YEAR) B.Arch 2019-2020
ATTENDANCE SHEET**

DATE: 15TH MARCH 2020

S.No.	Adm. No.	Student Name	ATTENDANCE
1	2018PA0079	AMBERI KRUNAL TUKARAM	
2	2018PA0021	BARADE KARTIK KANLAKAR	
3	2018PA0077	BEDEKAR ANKIT MAHENDRA	P
4	2018PA0043	BHARDIWAD SANJANA SHRINARIVITTHAL	P
5	2018PA0078	BHOJAK KASHISH	
6	2018PA0075	BORADE SIDDHESH CHANDRAKANT	
7	2018PA0066	DESHMUKH MANAS VINAY	P
8	2018PA0020	DEVADKAR RUTUJA KAILAS	P
9	2018PA0004	GHALTE DANIYAL AMEED AHMED	
10	2018PA0050	GOSWAMI SAARANI	
11	2018PA0060	GOTHE AISHWARYA ARUN	P
12	2018PA0081	GURTA ANURAG PHDOLCHAND	P
13	2018PA0013	GUPTA NEHA DINESH	P
14	2018PA0012	HRSIKESH ACHINITYA	
15	2018PA0058	JADHAV DHIRAJ SAMSHAJI	P
16	2018PA0043	JAIN DIKSHA CHETAN	
17	2018PA0011	JAINSON ANGEL	P
18	2018PA0022	JASWAL AMULYA AJLI KUMAR	
19	2018PA0053	JETHI JAYARAJAN	
20	2018PA0071	JOSHI MANI PRASHANT	P
21	2018PA0044	KANASE ANJITA SUDHM	P
22	2018PA0014	KANNATH JOEL PELS	
23	2018PA0006	KORE ARAY DATYATRAY	
24	2018PA0063	KOTIAN TANVI RAMNATH	P
25	2018PA0063	KUNDALE SONAL NANDKUMAR	
26	2018PA0051	KURHADE JAGRUTI RAMESH	P
27	2018PA0047	KUSH GOYAL	
28	2018PA0056	LAD SHARVARI PRAVIN	
29	2018PA0035	LIGAM KSHETIM BHAGWAN	P
30	2018PA0070	MAJITHA RONAK RAMESH	
31	2018PA0055	NANOLK NEHA PURUSHOTTAM	P
32	2018PA0073	MANE DEHANT VIJAY	
33	2018PA0018	MATHEW KEVIN GEORGE	P
34	2018PA0084	MHATRE SAAKSHI CHANDRASHEKHAR	
35	2018PA0010	MISTRY SAIF PARVEZ	
36	2018PA0048	MUNDADA SOURABH AJAY	P
37	2017PA 0203	NAIR JOHN FRENKUNAR	
38	2018PA0040	NAIR SHIVANI RAJESH	P
39	2018PA0033	NAIR SHREYIA	
40	2018PA0065	NARSHEDDE DHIRAJ NARENDRA	P
41	2018PA0028	NASKITA JOSEPH	P
42	2018PA0010	PARKAR RADE AZMATULLA	

B. J. Joshi
15/3/2020



[Signature]
15/3/2020

M.E.S.		
PILLAI COLLEGE OF ARCHITECTURE , New Panvel		
International Women's Day Celebration		
WDC Event	Session : 2020 - 21	YEAR - II, III
Date : 08 March 2021		Semester : IV,VI

Faculty	Anubhuti incharge : Reshma Sathe
	Anubhuti coordinators : Sanket Vinbhandik, V S V S Vindhyavalli Devi

Inclusive Social Awareness:

Many institutions work towards improvement of the relatively unprivileged sections of the society. But does anyone think of women as part of society. Nowadays we see a lot of facilities showing equality and covering all other issues coming up for women from the society and the government. But we still see things coming up every alternate day about women's safety etc. people should respect women not only on women's day but also every day. Every person should get a place in society where they should receive importance, respect and dignity equally. And in a person women are and should be included. Hence this day and every day.



How is the day celebrated?

This was one of the first events which was conducted in the college with all the guidelines followed. This year the day was celebrated with all the women faculty and housekeeping people present in the college on the day of women’s day.

The day was celebrated with distributing chocolates and masks to the housekeeping people.

Distributing masks also promotes awareness during this period of pandemic and the distributing the chocolates also brings in a symbol and sense of happiness and celebration.



Highlights :

The highlights of the events are:-

1. Respecting women And celebrating Women's day with the college staff.
2. Distributing chocolates and masks.
3. Spreading awareness in this pandemic.



Report of the event held on 9th march 2021

M.E.S.		
PILLAI COLLEGE OF ARCHITECTURE , New Panvel		
GUEST LECTURE ON WOMEN'S DAY 2021		
Subject : Be confident Be strong: Body and Mind	Session : 2020-21	Year :I,II,III,IV,V
Date : 9TH March 2021	Semester : 2,4,6,8,10	

Faculty	Subject coordinator : Shubhangi Bhide
	Guest lecturer: Dr.Asawari Page

Details of the event:

On the occasion of Women's day celebration 2021, Women development cell of Mahatma education society's Pillai college of Architecture, Panvel organized a guest lecture by Dr. Asawari Page on the topic of "Be confident Be strong: Body and Mind" on 9th march 2021 at 2 pm on Zoom platform and was also live on U- tube. She is physiotherapist by profession and is working as director and consultant at aloha clinics, pune. She has also been an integral part of a core team of doctors which conducted re-do coronary artery bypass graft surgery on Dr. Manmohan Singh, the then honorable Prime Minister of India. The program started by introducing the guest speaker by Sharvari Lad. She explained in a very lucid way the importance of exercise and nutrition for all age group people. It was very well received by the students and the faculty present.(100 members attended) on zoom and

65 joined U- tube.

The program ended at 3 pm by question and answer session and then the vote of thanks were extended by Bhavya.

Mahatma Education Society's
Pillai College of Architecture, New Panvel

Women's Development Cell, PiCA
invites you to celebrate on

WOMEN'S DAY 2021

BE CONFIDENT BE STRONG : BODY AND MIND

Guest Speaker :
Dr. Asawari Page
Consultant and Director, Aloha Clinics

Tuesday, 09 March 2021
Time: **14:00 Hrs**
Venue: **Zoom platform,
MES Youtube Channel**

Zoom Meeting
Recording



Be Confident ,Be fit!

- Exercise makes you healthy and fit.
- Improves posture
- Builds up good muscle tone, hence shape.
- Makes you more active,increase energy levels.
- Improves your work efficiency..

Confidence is Beautiful

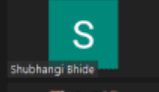
NO MATTER YOUR
SIZE
NO MATTER YOUR
WEIGHT

Be confident in who you
are and you'll be
BEAUTIFUL

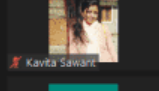
S

Shubhangi Bhide





T

TANISHA PADG...











Zoom Meeting
Recording










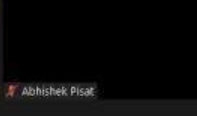



1/4

YouCam 6

LAD SHARVARI

1/4

Mute

Stop Video

Participants

Chat

Share Screen

Record

Reactions


Leave

3:06 PM
3/9/2021

Close


Participants (100)

 PR Pranali Roygaga   >

 PD Prashani Dalvi   >

 P Purva   >

 PL PURVA LADE   >

 R RAJ GANATRA   >


 RS Reshma Sathe   >




ROSHANI TIWARI   >

 R Ruchira   >

 R Rupali Vaidya   >

 SM Saakshi Mhatre   >

 Saif Hussain   >

 SD Sakshi Deshpande   >

 S SAKSHI KULLY   >

 S SAKSHI DATLAK   >



Shubhangi Bhide <sbhide@mes.ac.in>

Guest lecture

5 messages

Shubhangi Bhide <sbhide@mes.ac.in>
To: docasawari@gmail.com
Cc: "Dr. Sudnya Mahimkar" <sudnyamahimkar@mes.ac.in>
Bcc: Kavita Sawant <ksawant@mes.ac.in>

Sat, Mar 6, 2021 at 8:00 AM

Dear Dr .Aasawari,

Greetings from Pica

With [ref.to](#) the conversation you had with our principal Dr Sudnya Mahimkar, We the Women development cell of Pillai college of Architecture, for the observance of International women's day are pleased to invite you to conduct a special lecture on "Mental and Physical health of the younger generation, with special [ref.to](#) women" on Tuesday 9th march 2021 at 2 pm on virtual platform.
Please share your details for the introduction and the photo for the poster.
You can suggest us the suitable topic in case of any change required.

Kindly confirm your availability for the same.
Will share the Poster and the Link of the event later.

Looking forward for the wonderful session.

Best wishess

Shubhangi Bhide
Asso.Prof.
Pillais College Of Architecture
sbhide@mes.ac.in



Virus-free. www.avast.com

Asawari Page <docasawari@gmail.com>
To: Shubhangi Bhide <sbhide@mes.ac.in>
Cc: "Dr. Sudnya Mahimkar" <sudnyamahimkar@mes.ac.in>

Sat, Mar 6, 2021 at 10:07 AM

Asawari Page <docasawari@gmail.com>
To: Shubhangi Bhide <sbhide@mes.ac.in>
Cc: "Dr. Sudnya Mahimkar" <sudnyamahimkar@mes.ac.in>

Sat, Mar 6, 2021 at 10:07 AM

Thank you Bhide madam,
I am honoured to be invited on this women's day occasion .
I shall send the details required.

Sent from my iPhone
Dr Asawari Page
Consultant & Director
Aloha clinics

On 06-Mar-2021, at 8:01 AM, Shubhangi Bhide <sbhide@mes.ac.in> wrote:

[Quoted text hidden]

Shubhangi Bhide <sbhide@mes.ac.in>
To: Asawari Page <docasawari@gmail.com>
Cc: "Dr. Sudnya Mahimkar" <sudnyamahimkar@mes.ac.in>
Bcc: Kavita Sawant <ksawant@mes.ac.in>

Sat, Mar 6, 2021 at 3:25 PM

Dear Dr.Asawari,

Received your details for the introduction.
Thank you so much for accepting the invitation for 9th march session.

Looking forward to enjoy it with you.
Will share the poster and link asap

Best wishes

Shubhangi bhide

[Quoted text hidden]

Asawari Page <docasawari@gmail.com>

Tue, Mar 9, 2021 at 7:02 AM



Dr. Sudnya Mahimkar <sudnyamahimkar@mes.ac.in>

thank you
2 messages

Shubhangi Bhide <sbhide@mes.ac.in>
To: Asawari Page <docasawari@gmail.com>
Cc: "Dr. Sudnya Mahimkar" <sudnyamahimkar@mes.ac.in>

Tue, Mar 9, 2021 at 9:49 PM

Dear Dr. Asawari,

With [ref](#) to the presentation we had today on the guidance regarding exercise and nutrition for the fitness of our body and mind would like to appreciate you for speaking with us.
Thank you for answering all our questions and your presentation on the topic was very well received by our students and faculty members.
You (Doctors) are all very special people and we thank you forever for what you have given us.
Thank you again for taking the time out for us from your busy schedule.

Best wishes

Shubhangi Bhide
Asso.Prof.
Pitais College Of Architecture
sbhide@mes.ac.in

Asawari Page <docasawari@gmail.com>
To: Shubhangi Bhide <sbhide@mes.ac.in>
Cc: "Dr. Sudnya Mahimkar" <sudnyamahimkar@mes.ac.in>

Wed, Mar 10, 2021 at 7:50 AM

Thank you for inviting me.
It was my pleasure to interact with your esteemed institute.

Sent from my iPhone
Consultant & Director
Aloha clinics

On 09-Mar-2021, at 9:49 PM, Shubhangi Bhide <sbhide@mes.ac.in> wrote:

[Quoted text hidden]

M.E.S.		
PILLAI COLLEGE OF ARCHITECTURE , New Panvel		
Guest Lecture on Women's Day 2021		
Subject : Soroptimist Excellence Award Ceremony	Session : 2020-21	Year :I,II,III,IV,V
Date : 8TH March 2021	Semester : 2,4,6,8,10	

Faculty	Subject coordinator : Shubhangi Bhide
	Guest lecturer: Ms Nidhi Goyal

Details of the event:

This year, on 8th Mrch2021 we planned to honor Ms. Nidhi Goyal, a disability and gender rights activist, with the Soroptimist Excellence Award.

An hour long virtual ceremony was held at 11.30 am on the zoom platform. The event was organized in association with the Women's development cell of Mahatma Education society's college of Commerce, Management and Engineering.

The event started with the welcome address by Dr.Daphne Pillai, Founder president, SIBC. Dr. Smita Dalvi (member of women development cell) introduced Ms. Nidhi Goyal. She explained her journey and the exemplary work done by Rising Flame. Citation and Trophy was presented by SIBC Present Ms. Yvette Lee.

The program was attended by more than 200 students and faculty members with question and answer session and were overwhelmed.

The programe ended with the vote of thanks given by Dr. Celina Joy(Executive Committee member-SIBC)



Soroptimist International Bombay Chembur
in association with Pillai Group of Institutions
celebrates



International Women's Day 2021

Soroptimist Excellence Award Ceremony

Ms. Nidhi Goyal

Founder - Rising Flame

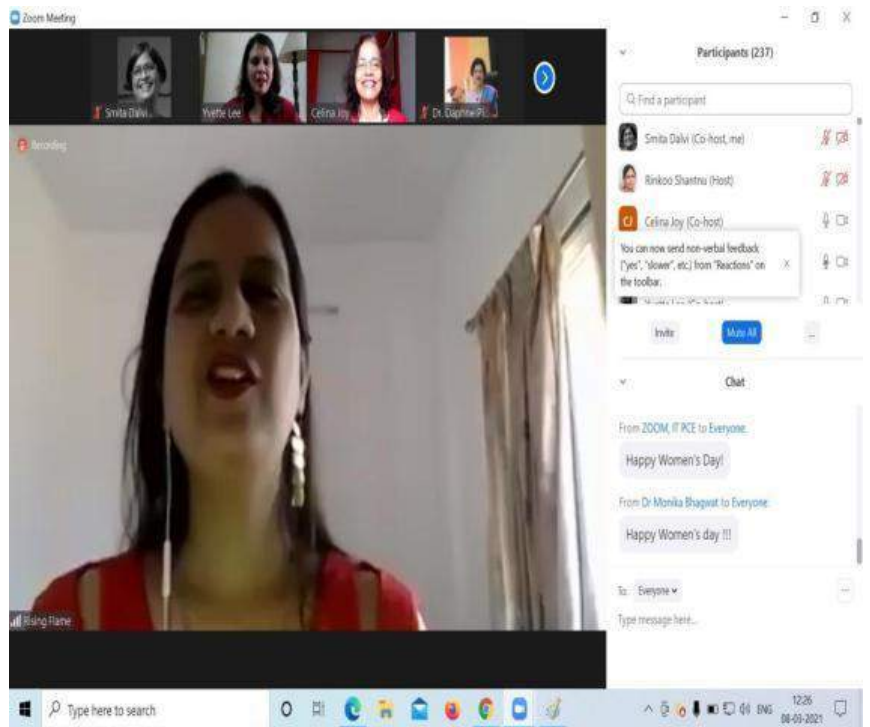
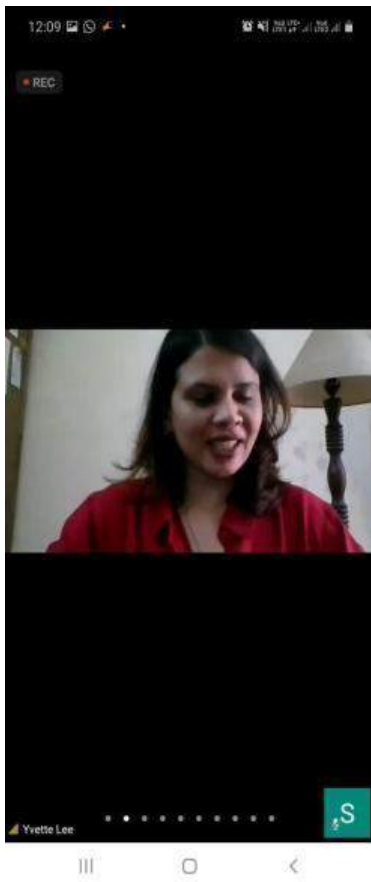


8th March 2021, 11:30 am

Zoom Link: <https://pillai-edu-in.zoom.us/j/87668470494>

Organized by: Women's Development Cell of





M.E.S. PILLAI COLLEGE OF ARCHITECTURE, NEW PANVEL.
'Gender justice and the Indian Constitution'

SI Excellence Awards	Session: 2021-2022	Women's in and outside of our campus.
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Date: 08 March, 2022	By Ms. Lara Kesani
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On the occasion of International Women's Day, PiCA Anubhuti in association with Soroptimist Welfare Association supported by the Women Development Cell of Panvel Campus organized SI Excellence Awards on 8th March, 2022 at 5.15 pm. Ms. Lara Kesani, Lawyer and Human Rights Advocate is the recipient of the award this year.

WHO IS MS. LARA KESANI?

'AN ADVOCATE FOR PEACE AND COMMUNAL HARMONY'

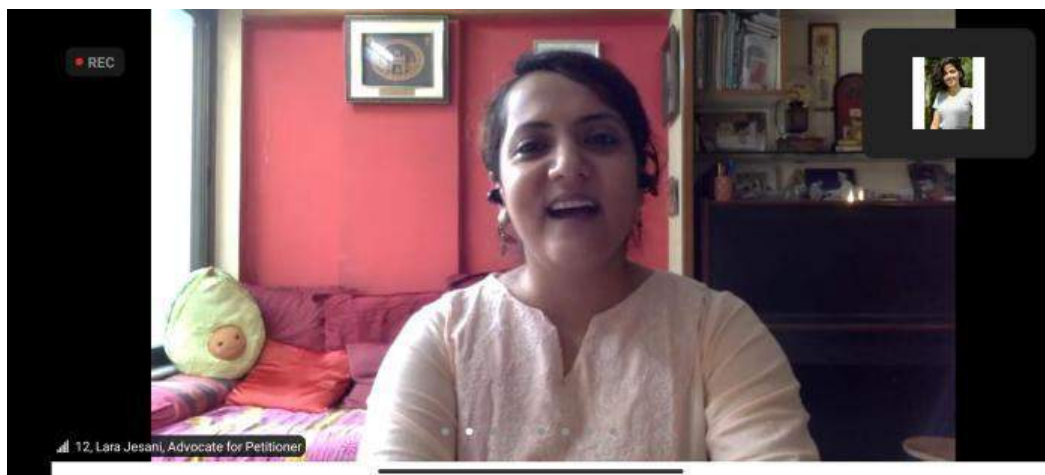
"I'm a lawyer, practicing human rights law in the Mumbai High Court. I'm a part of PUCL (People's Union for Civil Liberties), a national network on civil liberties and democratic rights, and also other collectives and feminist groups. In my practice I look at constitutional rights, environmental law and am part of several movements and struggles for that work. I am the child of an interfaith marriage. I grew up in Bombay and saw the '92 riots as a child. When I was in college, we lived in a progressive space with all kinds of friends from different faiths. I was in government aided schools and colleges, and had a lot of friends from diverse socio-economic groups, caste and religious locations. We used to intermingle and go to each other's homes, and had a kind of familiarity with each other's cultures. I feel the current generation that has grown up with so much hatred does not have that. That's why I feel fiercely protective of this syncretic culture and oppose communalism and casteism. When I was in college some of us stood up against the

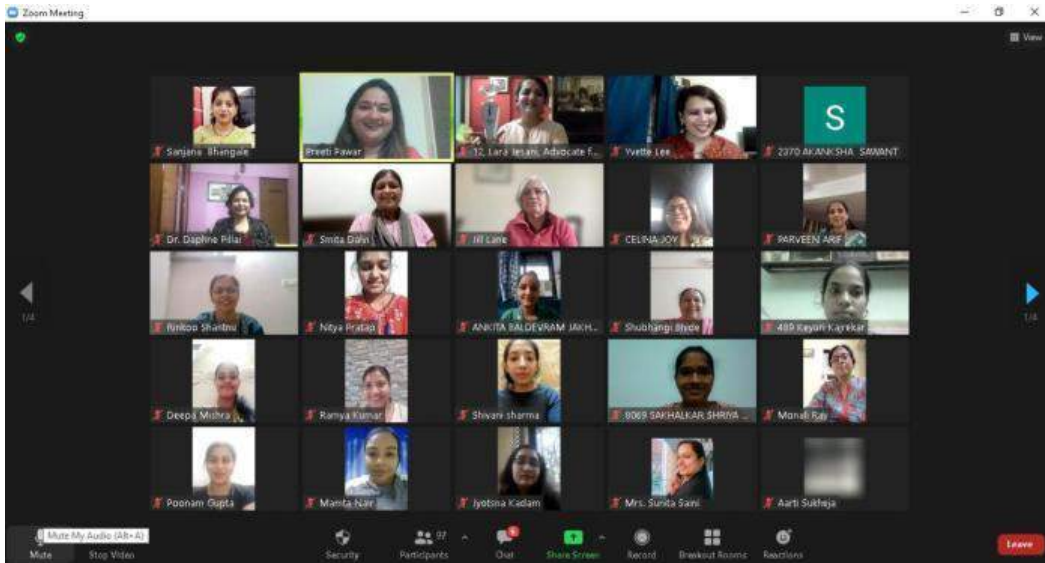
brahmanical anti-reservation stir led by upper caste students. There was a push back from the colleges, as the anti reservation agitation was a loud vociferous movement. It came from the technology and management institutes of India, a disgusting show of brahmanical patriarchy and tyranny. When the 2014 elections happened I didn't anticipate that people would have so much hatred for others and such a false sense of loyalty for their own religion, that they would forget the Godhra riots and lap up the communal propaganda. After 2014, it's been an extremely different world, a stark change, where the politics of hate that we oppose is now in power, using this power to crush the voices of the people and abusing it. We're veering towards an authoritative regime, a fascist rule, and it's a very scary world for many people."

ABOUT THE EVENT:

The event was held on an online platform via zoom meeting on 08 th of march, 2022. Students, Faculty and womens in and around the campus around 100 people joined the meeting. The meeting was an effort to appreciate the women of india and also to felicitate Ms. Lara Kesani with an SI Excellence Awards for her brilliance and compassion as a human rights lawyer and activist. She broadened our perspective about Women Justice and our Indian Constitution by highlighting her knowledge and experience.

EVENT INSIGHTS:







Thank you. Pica Anubhuti will continue to organize such events.

15 Women Members in the drafting committee of the Indian Constitution

Ammu Swaminathan	Malati Choudhury
Annie Mascarene	Purnima Banerjee
Begum Aizaz Rasul	Rajkumari Amrit Kaur
Dakshayani Velayudhan	Renuka Ray
Durgabai Deshmukh	Sarojini Naidu
Hansa Jivraj Mehta	Sucheta Kriplani
Kamla Chaudhary	Vijalakshami Pandit
Leela Roy	

Lara Jesani, Advocate for Petitioner's screen

Historic struggle for legal rights of women

Right to equality	Right to vote	Right to work, equal opportunity and equal pay	Right to education
Right to protection from discrimination	Right to property and inheritance	Right to autonomy and choice, right to privacy	Rights in marriage and personal laws
Representation through affirmative action	Safe public spaces, homes, workplace	Preventing sexual violence and justice for survivors	Feticide, trafficking prevention

**M.E.S.
PILLAI COLLEGE OF ARCHITECTURE, NEW PANVEL.**

Career opportunities in Defense for women

Online Guest Lecture	Session: 2021-2022	Students and Faculty of Pillai
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Date: 18 January 2022	By Capt Tanuja Kabre
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On account of INDIAN ARMY DAY 2022, Anubhuti of PICA and Senate, PiCA Student Council in association with women development cell organised the Guest lecture titled 'Career opportunities in Defence particularly for women' by Capt Tanuja Kabre

WHO IS CAPT TANUJA KABRE?

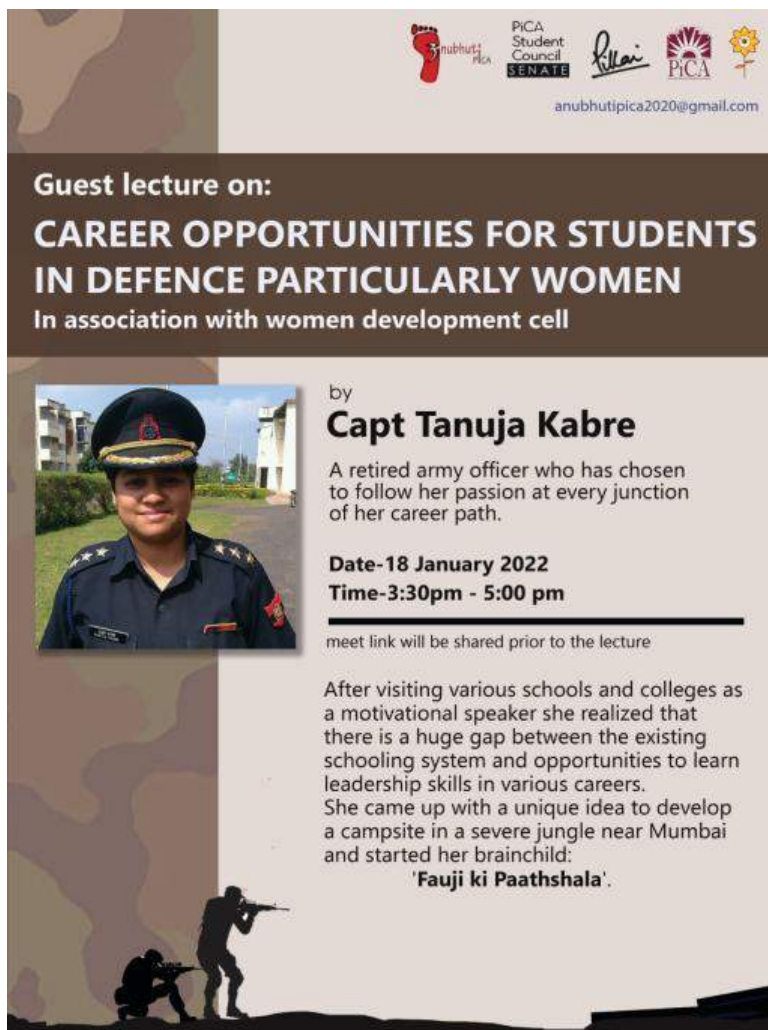
Capt Tanuja Kabre is a retired Army Officer who has chosen to follow her passion at every junction in her career path. A graduate in Physics, Post Graduate Diploma in school counselling, PGDBM in general management. She has served 5 years for our country as an adjutant in Rajouri, Jammu and Kashmir and retired as a captain from Mhow, Indore as a barrack store officer. She was selected for the Army Marksmanship Unit in Mhow for pistol shooting. She has made remarkable contributions to various flood relief operations in the North East. After visiting various schools and colleges as a motivational speaker she realized that there is a huge gap between the existing schooling system and opportunities to learn leadership skills in various careers. She came up with a unique idea to develop a campsite in a severe jungle near Mumbai and started her very own brainchild 'Fauji ki Paathshala'.


REFERRED BY: Shubhangi. Bhide ma'am

ABOUT THE EVENT:

The online guest lecture was conducted on 18th January, 2022 on zoom meeting platform at 3:30 pm. Students & Faculties from Pillai College of Architecture and other Pillai branches (PCACS,PCE) attended the guest lecture. 115-118 participants attended the lecture. The lecture was an effort for students to guide them about the opportunities in Defence particularly for women and for them to acknowledge the correspondent and obligation to our mother nation . Capt Tanuja Kabre broadened our perspective and knowledge about life and Defence by sharing us the insights of fauj.

EVENT POSTER:




anubhutipica2020@gmail.com

Guest lecture on:
**CAREER OPPORTUNITIES FOR STUDENTS
IN DEFENCE PARTICULARLY WOMEN**
In association with women development cell


by
Capt Tanuja Kabre

A retired army officer who has chosen to follow her passion at every junction of her career path.

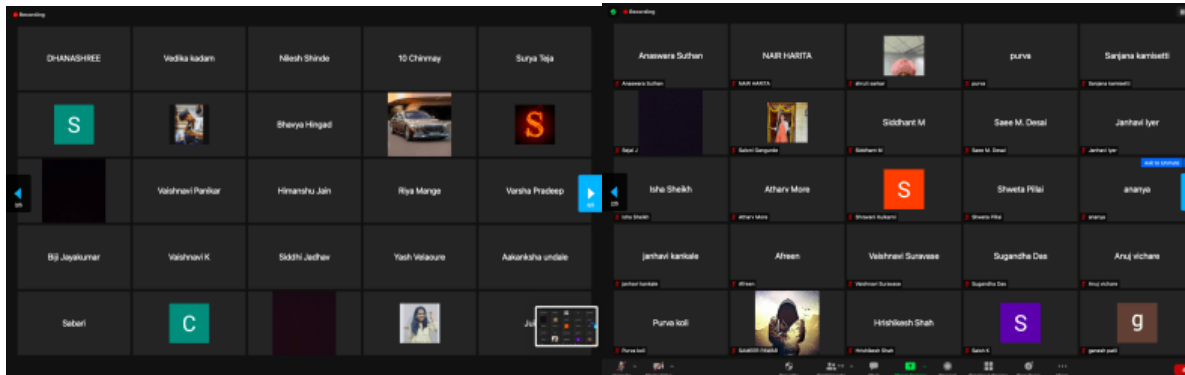
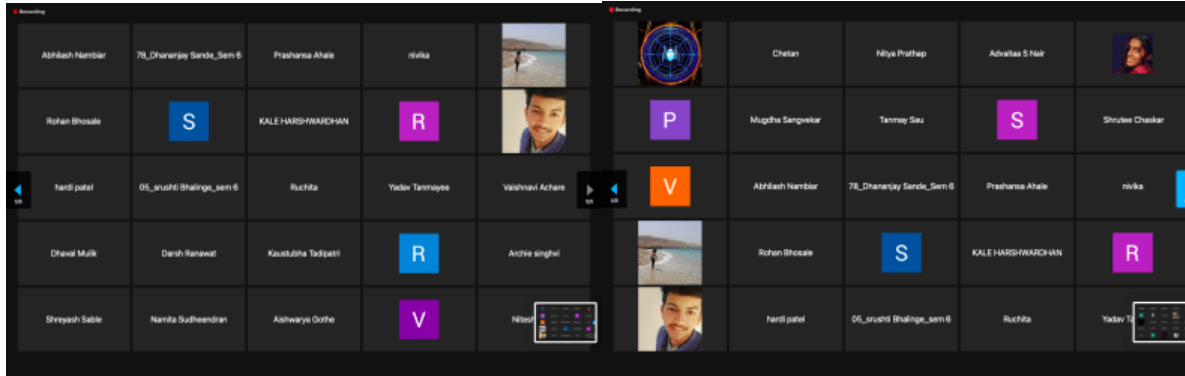
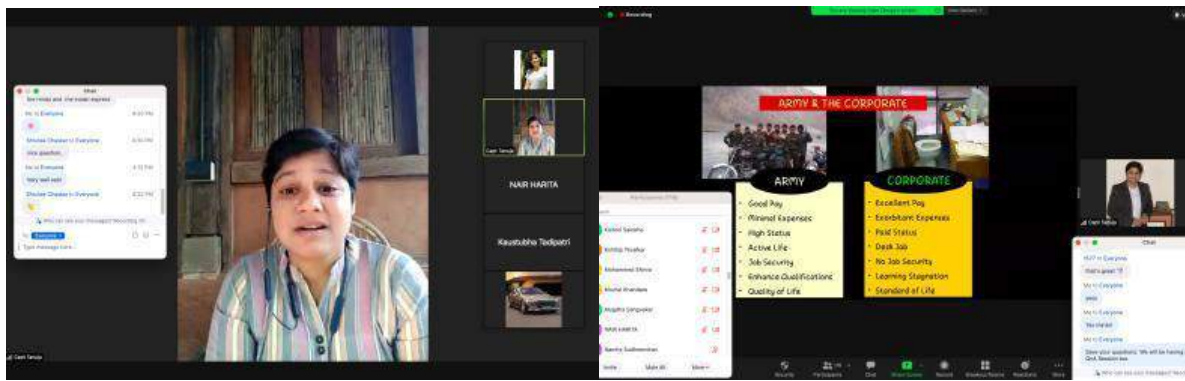
Date-18 January 2022
Time-3:30pm - 5:00 pm

meet link will be shared prior to the lecture

After visiting various schools and colleges as a motivational speaker she realized that there is a huge gap between the existing schooling system and opportunities to learn leadership skills in various careers. She came up with a unique idea to develop a campsite in a severe jungle near Mumbai and started her brainchild:
'Fauji ki Paathshala'.



EVENT INSIGHTS:



ARMY (Short Service Commission)

TYPE OF ENTRY	AGE CRITERIA	EDUCATION QUALIFICATION	NOTIFICATION
UPSC (CDSE)	19-25 yrs	Any Graduation with 60%	3rd-May
Non UPSC			
J. MCC Spl Entry	19-25 yrs	Any Graduation with 50%	3rd/Aug-Jan/ Feb
Z. SAG entry	21-27yrs	Law Graduation with 60%	
Technical Entry	20-27yrs	Engineering with 60%	3rd/Jul-Dec/ Jan

ENTRY SCHEMES

There are many entry points to join the Army as an Officer:

- 10 + 2 LEVEL ENTRIES
 - NDA
 - AFPC
 - CME
- GRADUATE LEVEL ENTRIES
 - PERMANENT COMMISSION
 - SHORT SERVICE COMMISSION
 - WOMEN SPECIAL ENTRIES
 - TECHNICAL GRADUATE ENTRIES
 - MCC SPECIAL ENTRY SCHEMES
 - POST GRADUATE LEVEL ENTRIES

Guest lecture on: CAREER OPPORTUNITIES FOR STUDENTS IN DEFENCE PARTICULARLY WOMEN
In association with women @voloparent cell

Capt Tanuja Kabre
A retired army officer who has chosen to continue pursuit of her passion for defence.

Date: 18 January 2022
Time: 2:30pm - 5:00 pm

After gaining service awards and honours in a traditional service, she retired from defence in a huge gap between the routine (working hours) and opportunities to learn, develop skills, in various careers. She worked with an organization to develop a program to allow girls who had studied and studied in their field.

Topic: In her words

GMAIL
anubhutpica2020@gmail.com

INSTAGRAM
@anubhutpica

INSTAGRAM
@picaofficial92

YOUTUBE LINK: <https://youtu.be/P-Mm3O7KpxU>

THANK YOU

M.E.S.

PILLAI COLLEGE OF ARCHITECTURE, New Panvel

Testing Camp – Random Blood Sugar, Hemoglobin & Bone Density

Date: 21st September, 2022

Venue: Ground Floor Architecture Studio

The Ministry of Health and Family Welfare (MoHFW), Government of India had launched the Anemia Mukta Bharat Programme in 2018 with the target to reduce anemia in the vulnerable age groups such as women, children and adolescents. The current lifestyle is accompanied by irregular and unhealthy eating habits which has lowered the overall immunity levels of all people and made them more susceptible to diseases. Considering the fact that women have been the drivers of the family, it becomes utmost necessary that she stays healthy and is fit to carry out her responsibilities. In support to this idea and a parallel helping hand to the Government initiative, MES Pillai College of Architecture in collaboration with Bharat Vikas Parishad and SIBC along with Women Development Cell, Anubhuti and PiCA Senate conducted a testing camp for measuring the random blood sugar, hemoglobin and bone density of female architecture students and staff (females were preferred) of all departments in the campus. The testing camp was conducted on 21/09/2022 from 10:00 am to 4:00 pm and an overwhelming response of 206 participants was received for the camp. The participants consisted of 71 students, 30 teaching staff, 39 non-teaching staff and 66 housekeeping staff. Doctor Kirti Samudra (M.D. Physician and Diabetologist) along with her lab technicians was available for the entire time during the testing camp. She prescribed medicines to all females depending upon the deficiencies which their test result showed. Three extreme cases (one from teaching staff and two from house-keeping staff) wherein the hemoglobin values were at the lowest end (around 6) were observed. They were made aware of the negative consequences of it and were given tablets for a month which would help them improve their hemoglobin levels. Nine severe cases (five from non-teaching staff and four from house-keeping staff) were observed wherein their random blood sugar levels were above 250. These cases were counseled by the doctor and diet guidance was provided to them. Bone density of most female staff (above 35 years) indicated Osteopenia and they were advised to increase their calcium intake and modify their food habits. Overall, the camp was a successful initiative in creating awareness among females regarding their health parameters. In order to continue this good initiative, PICA has signed a MoU with Bharat Vikas Parishad, Panvel for a period of 3 years. The main objective is to improve women's health by creating awareness and encouraging them to follow a healthy lifestyle.



MES


Pillai College of Architecture

in collaboration with

Bharat Vikas Parishad and SIBC

along with

Women Development Cell, Anubhuti and PiCA Senate
holds a **TESTING CAMP** for

 **SUGAR**

 **HEMOGLOBIN**

 **BONE DENSITY**

PRE - REGISTRATION REQUIRED

Date - **21 September 2022, Wednesday**

Time - **10.00 AM Onwards**

Venue - **Ground Floor Studio**





Organizing Team of the Testing camp along with the doctor and lab technicians



MoU of Pillai College of Architecture with Bharat Vikas Parishad, Panvel



Principal of Pillai College of Architecture taking lead by doing blood testing



Checking of Bone-density



House keeping staff actively participating in the testing camp



Blood testing of non-teaching female staff and students

Bone Density } 1 - Normal
 2 - Osteopenia
 3 - Osteoporosis

WDC EVENT						
SEMESTER III - FEMALE STUDENTS						
Sr. No.	Name	Age	Random Sugar	Bone Density	Hemoglobin	Sign
1	Mrunal Khandare	18	96	1	13.2	Prakash
2	Isha Sheikh	19			9.0	Chh
3	Jill Mehta	20	96	1	11.5	Shekha
4	Prashani	20				
5	Shrushti omble	19	89	1	12.6	Sofo
6	Aastha Karkhanis	19	94	1	10.5	Shastri
7	Diksha Sandeep Wavhal	18	96	1	13.1	Sharma
8	Snehal Pachangane	19	88	1	12.3	Sharma
9	Nivika Sreekumar	19	82	1	13.8	Sharma
10	Kirti Bharambe	19			11.2	Sharma
11	Divya Patil	19			9.5	Sharma
12	Shweta Pillai	19		1	11.4	Sharma
13	Reia Babu	18		1	13.5	Sharma
14	Sejal dalavi	19			11.7	Sharma
15	Chiara Karnik	18			14.3	Sharma
16	Kamble prachiti suresh	18			12.5	Sharma
17	Saloni Gangurde	19				
18	Vaishnavi Achare	18			10.2	Sharma
19	Sakshi Chavan	18				
20	Mugdha s	18			10.8	Sharma
21	purva	18				
22	Trupti Mali	18			12.7	Sharma
23	Hardi Patel	18			10.9	Sharma
24	Riya Mange	18			12.7	Sharma
25	Aakanksha undale	19			10.2	Sharma
26	Vaishnavi rewale	19			11.7	Sharma
27	Juilee patil	18				
28	Siddhi jadhav	18			10.8	Sharma
29	Shreya Vedpathak	19			12.1	Sharma
30	Anamika Pramod	18			11.6	Sharma
31	Janhavi Iyer	18			11.0	Sharma
32	Ruchita	19			12.8	Sharma
33	Rima George	19			10.9	Sharma
34	Ananya Dahate	19			11.9	Sharma
35	Sanjana				8.7	Sharma
36	Shravani	19			13.3	Sharma
37						
38						
39						
40						
41						
42						
43						
44						

Bone Density } 1 - Normal
 2 - Osteopenia
 3 - Osteoporosis

WDC EVENT						
SEMESTER V - FEMALE STUDENTS						
Sr. No.	Name	Age	Random Sugar	Bone Density	Hemoglobin	Sign
1	Ayesha Hasab	19				
2	Sakshi kully	19		1	7.9	<i>[Signature]</i>
3	Advaitaa S. Nair	20			10.4	<i>[Signature]</i>
4	Nikitha Dileep	20			11.5	<i>[Signature]</i>
5	Roshani Tiwari	21				
6	Vaishnavi gharat	20	83		14.0	<i>[Signature]</i>
7	Mihika Bhagat	20				
8	Vaidehi Chowdhari	20			15.4	<i>[Signature]</i>
9	Tanisha Padghan	20				
10	Devika Kurup	20			12.9	<i>[Signature]</i>
11	Geeta choudhary	20				
12	Niyati shivdavkar	20				
13	Vedika kadam	19			12.6	<i>[Signature]</i>
14	Tanvi sonar	20				
15	Yogita Keni	20				
16	Anaswara suthan	21				
17	Sakshi kully	19				
18	Turvakoli	21			10.6	<i>[Signature]</i>
19	Sakshi Pathak	20			9.9	<i>[Signature]</i>
20	Tanmayee	20		2	12.1	<i>[Signature]</i>
21	Prashani	20				
22	Prachi Patil	20			15.6	<i>[Signature]</i>
23	Vaishnavi Sur.	20			10.6	<i>[Signature]</i>
24	Namita	20			11.8	<i>[Signature]</i>
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Bone Density - } 1 - Normal
 2 - Osteopenia
 3 - Osteoporosis

WDC EVENT						
SEMESTER VII - FEMALE STUDENTS						
Sr. No.	Name	Age	Random Sugar	Bone Density	Hemoglobin	Sign
1	Nidhi singh	21				
2	Vindhya	21				
3	Nupur Nishad	20				
4	Srushti shah	21				
5	Sharvari Jadhav	21	101		7.9	Shah.
6	Harita Nair	22			11.8	Shah.
7	Shreya	21				
8	Pranali R	21				
9	Bhavana Choudhary	22				
10	Sushmita Deshmukh	21				
11	Kirti Jagdale	21			12.3	Shah.
12	Seena Sabu	22				
13	Ritika	21			10.6	Ritika
14	Faiz (Male)	21	78		12.8	Shah.
15						
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Bone Density - } 1- Normal
 } 2- Osteopenia
 } 3- Osteoporosis

WDC EVENT						
SEMESTER IX - FEMALE STUDENTS						
Sr. No.	Name	Age	Random Sugar	Bone Density	Hemoglobin	Sign
1	Aishwarya Gothe	22				
2	Neha Gupta	22			11.4	NPP
3	Dhanashri Anil Todmal	22	69	1	14.0	Pravali
4	Angel Jaison	21				
5	Diksha jain	22			13.0	Jingy
6	Anoushka Shetty	22			13.7	Tally
7	Nishita Joseph	23			12.3	Arushi
8	Arati Kore	22			14.6	Prachi
9	Saakshi Mhatre	21	75	1	11.4	Prachi
10	Purva Rane	22				
11	Purva Rane	22				
12	Anju pillai	22			11.0	Anj
13	Senghani Maitri Jagdish	23	76	1	11.2	Prachi
14	Mansi	22				
15	Meetali	21	81	1	11.6	Prachi
16	Shruti Salokhe	22	96		10.3	Prachi
17	Purva Rane	22			9.5	Prachi
18	Shreeyya	22				
19	Purva	21				
20	Anuja Kanase	23			12.1	Anuj
21	Swarnim Waingankar	22	89	1	10.7	Swarnim
22	kshitija ligam	21			12.0	Prachi
23	Amulya Jaiswal	23				
24	Nishita Joseph	23				
25	Neha p	22			13.6	Prachi
26	Shreeyya Nair	22			11.5	Prachi
27	Purva Patil	21			7.8	Prachi
28	Kundanika	22				
29	Anushka	22		1	13.3	Prachi
30	Jagruti Ramesh Kurhade	21				
31	Sharvasi	21			11.4	Prachi
32	Gauri Shelar	23			10.9	Prachi
33						
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M. arch

Sr no	Name	Dept.	Age	Gender	Sugar	Bone density	Haemo-globin	Signs
1.	Ruchira	Arch	28	Female			12.5	(Haunder)

BONE DENSITY } 1 - Normal
 2 - Osteopenia
 3 - Osteoporosis.

WDC EVENT								
TEACHING STAFF								
Sr. No.	Name	Department	Age	Gender	Random Sugar	Bone Density	Hemoglobin	Sign
1	Dr. Shaheda Sheikh	Man	41	Female	108	2	7.5	
2	Jayashri Dilip Bhosale		48	Female				
3	Ashwini		32	Female	84	1	10.6	
4	Ajita Deodhar		36	Female	95	1	9.3	
5	Aarti Mankame		34	Female	71	1	11.7	
6	Geeta T		45	Female	118	2	10.9	
7	Bhagyashree Ramakrishna		31	Female	108		13.8	
8	Nitya Pratap		28	Female	78	1	10.6	
9	Lakshmi Salunkhe		36	Female	133	2	10.2	
10	Rupali Vaidya		45	Female	82	2	10.9	
11	Shubangi Bhide		55	Female	90	2	11.8	
12	Sarojini Lohot		49	Female	93	2	9	
13	Gauri Damle		32	Female	90	2	12.8	
14	Vrinda Shardul Padhye		35	Female	82	2	6.2	
15	Sayalee kulkarni		34	Female				
16	Sumitra Kadam		30	Female	84	1	9.0	
17	Shital Vedprakash Marlapalle		31	Female	86	2	11.5	
18	Jui V Choughule		30	Female	77	1	11.9	
19	Dhanashri Rohan Sakhare		30	Female				
20	Prajakta Pote		32	Female				
21	Suparna Deepak		36	Female				
22	Srijita Bhattacharjee		36	Female				
23	Rajashree Gadhawe		35	Female				
24	Neha Shivhare		38	Female				
25	Dr. Suman P. Wadkar		54	Female	75	2	10.0	
26	Shital Rithe		30	Female				
27	Shrutika Khobragade		33	Female				
28	Nikita saindane		32	Female				
29	Snehal Chitale		30	Female				
30	Sudnya Mahimkar		53	Female	91	2	11.5	
31	Poiti Nakhwa	Man	31	Female	87	1	12	
32	Moushumi Kulkarni		45	Female	98	2	13.5	
33	Tanaya		37	female		1		
34	Sweeta wugmal	Eng	41	Female			9	
35	Manju Pillai	Eng	49	Female	108		9.7	
36	Dr. Deepali Shivastav	Eng	40	Female	154		9.9	
37	Dr. Surabhi	Eng	43	Female	118		11.0	
38	Prashant Borge	Arch	30	Male	83		14.3	
39	Jaysraj	Arch	29	Male			13.1	
40	Kedar	IT	30	Male	98		13.5	
41	Sharnil Gaurkar	Eng	33	Male	124		11.3	
42	Dr. Roopam	Man	58	Female	92		10.5	

Man - Management

Bone density } 1-Normal
 } 2-Osteopenia
 } 3-Osteoporosis

WDC EVENT							
Non-Teaching Staff							
Sr. No.	Name	Age	Gender	Random Sugar	Bone Density	Hemoglobin	Sign
Ar. 1	Virginia fernandes	60	Female	89	2	12	<i>[Signature]</i>
Ar. 2	Valsala Pillai	61	Female	125	2	13.0	<i>[Signature]</i>
Ar. 3	Radhika Sathe	36	Female	84	2	11.8	<i>[Signature]</i>
Ar. 4	Biji Jayakumar	49	Female	81	2	13.6	<i>[Signature]</i>
Ar. 5	Jayashree Gose	46	Female	89	2	10.5	<i>[Signature]</i>
Eng 6	Manoj Pillai	42					
Com. 7	Haneesh	31					
Eng 8	Mohini	32	female				
Com. 9	Neha	22	female	75		9.9	<i>[Signature]</i>
Eng 10	Depak	35	Male	84	1	12.7	<i>[Signature]</i>
Eng 11	Jitendra	46	male	111	2	18.4	<i>[Signature]</i>
PP 12	Krishnakumar	35					
13	Mamdev M.	55	male	118	2	12.8	<i>[Signature]</i>
Eng 14	Rutika Shinde	25	Female		1	12.5	<i>[Signature]</i>
Sec 15	Ashok Gaikwad	49	Male			10.3	<i>[Signature]</i>
Com 16	Arun Radhakrishnan	34	Male			11.2	<i>[Signature]</i>
Admin 17	Romy Prakash	42	Female	123		10.1	<i>[Signature]</i>
Eng 18	Sunil Patel	47	Male	126		14	<i>[Signature]</i>
Eng 19	Jaykumar N.	50	Male	105		14.3	<i>[Signature]</i>
Eng 20	Anish Kulkarni	37	Male	92		14.3	<i>[Signature]</i>
Eng 21	Sudheer	33	Male	121		14.0	<i>[Signature]</i>
Eng 22	Vijay Karable	46	Male	103		12.7	<i>[Signature]</i>
Eng 23	Vinik K.	38	Male	275		14.6	<i>[Signature]</i>
Eng 24	Raghuwathi	44	Male	146		14.7	<i>[Signature]</i>
Eng 25	Kirti Gorinde	35	Female	422		14.1	<i>[Signature]</i>
Eng 26	Rajshri Ghaleb	35	Female	130		8.9	<i>[Signature]</i>
Eng 27	Sangeeta Thakur	46	Female	118		11.8	<i>[Signature]</i>
Eng 28	Vaakatesh Naik	39	Male	118		14.5	<i>[Signature]</i>
Eng 29	Vijay Sable	43	Male	305		14.9	<i>[Signature]</i>
Com 30	Sumanigala	50	Female	137		8.5	<i>[Signature]</i>
Com 31	Jaylaxmi	41	Female	89		12.8	<i>[Signature]</i>
Eng 32	Krishna R.	50	Male	91		14.9	<i>[Signature]</i>
Com 33	Priya Takasande	42	Female	119		10.1	<i>[Signature]</i>
Eng 34	Abhishek Kulkarni	37	Male	275		12.1	<i>[Signature]</i>
Eng 35	Mahesh Sawant	44	Male	105		12.4	<i>[Signature]</i>
Eng 36	Suresh M.	39	Male	141		10.0	<i>[Signature]</i>
Sec 37	Shreyas Raj	53	Male	143		11.9	<i>[Signature]</i>
Eng 38	Anil Choudhary	50	Male	100		11.00	<i>[Signature]</i>
Arch 39	Atmarajam ^{Pakad}	42	Male	268		11.6	<i>[Signature]</i>
Eng 40	SHRIKUMAR	54	Male	108		11.3	<i>[Signature]</i>
Eng 41	Sagar More	32	Male	119		10.7	<i>[Signature]</i>
Eng 42	Arun Padekar	44	Male	101		10.4	<i>[Signature]</i>
Com 43	Keena Madhu ^{Kumar}	40	Female	112		10.1	<i>[Signature]</i>
Com 44	Suvarna Ghodke	43	Female	182		10.5	<i>[Signature]</i>

Bone density - } 1 - Normal
 } 2 - Osteopenia
 } 3 - Osteoporosis

SR.NO	NAME	Age	Dept	Random Sugar	Bone Den	Hemo globin	Sign
1	MS.LEELA MOHAN PARANWAL	50	Eng	109	2	10.8	L.P.
2	MS.MEERA M.SAPKAL	48	Eng	112	2	12.1	Normal.
3	MS.KALPANA EKNATH DHOKE						
4	MRS.LATA HARISH BHUJBAL	45	Arch	106	2	9.2	W.H.H
5	MS.GEETA VISHWAS WAGHE	40	Eng	100	2	11.0	Y.H.H
6	MS.PRAMILA R.SHINDE						
7	MS.RANI LONDHE	48	Eng	130	2	10.8	Print.
8	MS.SUREKHA CHAVAN	50	Eng	85	2	13.1	S.
9	MS.CHAYA RAMESH WAGHE	39	cen. off.	78	2	11.4	W.H.H
10	MS.SUNITA SHIVAJI RAMUGADE	54	Eng	89	2	10.7	R.
11	MS.SUVARNA ANIL RAJ T.						
12	MS.SUNITA MANOJ SAHU	45	cen. off.	108	2	9.7	S.
13	MS.PRABHAVATI KANADE	45	Eng	100	2	7.8	P.W. test
14	MS.REHANA NAWAS KHAN.						
15	MS.SUREKHA PRAKASH G.	50	Eng	87	2	8.0	S.G.
16	MRS.SAYLI SATISH DHAWALE	49	Arch	120	2	10.9	Satli
17	MS.RAJSHREE YESHWANT POJARI	60	Arch	123	2	11.8	R.P.
18	MS.SHEELA J.BALERAO						
19	MS.KANTA S GAIKWAD	48	Com.	84	2	10.4	Print

Eng - Engineering
 Cen.off. - Central office
 Com - Commerce

		Age	Dept	Random Sugar	Bone Density	Haemo globin	Sign
20	MS.SAVITA K.SHINDE	50	Gen. off.	384	2	11.6	S.S
21	MS.ARCHANA K VAKADE	45	Eng	91	2	9.0	AS
22	MS.SHOBHA VINOD SAPKAL	46		91	2	7.3	S
23	SHASHIKALA MAMAMUNKAR	50	Eng	99	2	10.3	S.M
24	MS.REETHA SINGH						
25	MS.SANTOSHI B NAIK						
26	SUJATA SRINIVAS PENDYALA	45	Eng	79	2	7.5	SP
27	ARCHANA KADAM A	48	Eng	74	2	10.9	A.K
28	DEVISHEELA R BHORE	46	Arch.	78	2	8.7	DRB
29	DEVI B PAWAR	45	Arch.	72	2	6.8	D.P
30	SUNITA P BULE (DOJ 4/10/07)						
31	MANDA S LONDHE (DOJ 12/10/07)	50	Gen. offic.	79	2	10.9	M.L
32	SANGEETA VERMA	38	Com	220		6.2	✓
33	VANDANA V MAGADE (DOJ 11/03/08)						
34	LATA PEDVI	47	Eng	81	2	10.8	L.P. Pedvi
35	KUSUM CHAVAN	46	Com	86	2	8.1	KS
36	TAI VILAS BEDE (DOJ 01/08/08)						
37	RAJSHREE JADHAV (25/10/08)	38	Arch	86	2	12.7	Badhu
38	VEENA V MALGUNDKAR (15/11/08)	47	Eng	91	2	10.2	V.V.
39	MALAR S PADIYACHI (BAI)	40	Arch	99	2	11.6	M.S

		Age	Dept	Random Sugar	Bone Density	Hemoglobin	Sign
40	MANDA S SHEGOKAR	42	cen. off.	99	2	7.7	मंदार
41	SARALABAI ROHIDAS PAWAR						
42	NILAM NILESH JUVEKAR	32	Com		2	10.5	नि-निशुकर
43	MS.VARSHA MANE	46	Eng	121	2	11.5	V.S. mane
44	UJWALA ARUN SONAWANE	43	Com	108	2	7.9	उजवाळी
45	SULOCHANA SURENDRA JADHAV	33	Eng	102	2	7.0	सुलोचना
46	ASHA ANIL SARAWADE	38	Com		2	9.5	अशा
47	AASHABAI SANDIP PATAAET	32	Eng	81	1	8.7	आशा
48	VIDYA SURESH PRADHAN	21	Eng	86		8.9	विद्या
49	SUSHMA SUMIT GAMARE						
50	GURUVARI RAJU PRADHAN	30	cen. off.	84	2	7.4	GR
51	PRABHA VARMA MANGALA KOL	32	cen. off.	95	2	8.2	प्रभा
52	KALPANA G GAIKWAD						
53	SUJATA RAJU KAWAL (HOSTEL)						
54	BIBI PHATHIMA D INAMDAR (CANTEEN)	30+	Hostel	10 ⁺		10.2	PATINA
55	VANITHA S BANSODE (CANTEEN/HOSTEL)	40	Hostel	26		10.6	वनिता
56	RAMIBAI C BHINGARKAR (HOSTEL)	50+	Hostel	5 ⁺		9.6	'
57	BABALI NEKPAL SHIRSVL	37	Hostel	110		7.7	बाबली
58	KAUSAR MUNIR PATHAN						
59	MANSVI MAHESH KAMBLE	37	Hostel	139		6.1	मन्सवी

		Age	Dept	Random Sugar	Bone Density	Hemo globin	Sign
60	ASHVINI ADESH JADHAV	43	Arch	89	2	11.5	3-12-17
61	RESHMA RAMESH KAMBLE	40	cen. off.	167	2	12.0	22/11
62	SHARDA SHARAD JADHAV	47	Arch	97	2	11.8	2/11
63	PRITI PRAMOD JADHAV	34	Arch	:	2	10.2	Pilli
64	AKSHATA ANIL PAWAR	36	Com	106		11.7	31/10/12
65	Ramesh Potil (M)	56	Howdang	106	2	11.1	22/11/17
67	Pramod Tak (M)	42	Howdang		2	9.7	
68	Isak Shaikh (M)	53	Com.	115	2	14.6	MC
69	Narah B. Patil	46	Eng	429		12.4	
70	Pramod Soda	41	Eng	103		15	
71	Rohidas Bhoir	51	Eng	202		13.7	
72	Ankush	45	Eng	115		15	2/11
73	Ramdas pilane	36	Eng	118		13.4	
74	Sunil	38	Eng	110		10.2	SC
75	Nanya Nair	55	Gym	108		11.6	
76	Rakesh Kagada	43	Eng	163		12.5	Rakesh
77	Satish Patil	51	Eng	184		10.3	2/11
78	Swapnil mane	32	Arch	96	1	10.6	2/11/17
79	Raju Kawade	40	Arch	282		12.3	2/11/17
80	Anil Ubale	54	Arch	93	1.7	11.8	ASU
81	K.S. Gopkumar						✓
82	Sheetal K.	40	Cartoon	87		8.9	✓
83	Rajesh Pawar	48	Cartoon	150		11.7	2/11/17

M.E.S.		
PILLAI COLLEGE OF ARCHITECTURE, NEW PANVEL		
Health and Wellness for Stress Management		
	SESSION:2022-23	YEARS– I,II,III,IV,V
Date: 20th December 2022	Time: 11:30 am - 12:30pm	VENUE – 6 th floor studio

Faculty in-charge:	Prof. Shubhangi Bhide
Student in-charge:	Sameer Mokari, Pallavi Taori

Today, most of us are unable to manage time and this disrupts their work life balance. The continuous pressure to meet deadlines, engaging busy schedules and the self-struggle for improvement in desired fields have left many people stressed. Stress leads to unhealthy eating habits like not maintaining timings of meals, having junk food or excessive food (stress eating), skipping meals, addictions, lack of improper sleep, etc. The overall result is deteriorated health which then impacts your every aspect of life. Right management of stress thus becomes the most important factor in managing healthy lifestyle. As architecture is a very demanding course and students often find it difficult to manage time for their submissions and other allied activities, proper guidance to students at this age would be fruitful in their current and future lives. In support to this idea, MES Pillai College of Architecture's Women Development Cell, Anubhuti and PiCA Senate had organized a guest lecture on 'Health and Wellness for Stress Management' on 20th December, 2022 in the 6th Floor Mini Auditorium. The first session was taken by the guest speaker Mrs. Bharti Iyer who is a Yoga Instructor, a digital Yoga coach, Corporate Yoga Trainer and an author. She highlighted the 3D's that is Dedication, Discipline and Determination when it comes to managing your health. The head-shoulder-knee-toes game was played by students in this session. She elaborated on the

mantra of doing everything in moderation and also explained everyone about neuro yoga. She also taught a small breathing exercise to students and also took laughter yoga which changed the entire vibe of the session. The second session was taken by the guest speaker Ms. Gurpreet Kaur Khalsa who is a soft skills trainer, TEFL Coach, poet and Self-confidence coach. Her main focus was to enable students to manage their time, for which she introduced the 8-8-8-hour calculation schedule of the day. Her session also talked about ways of mental healing which included options like spending time with nature, practicing hobbies, having a pet etc. Her lecture concluded by doing a small meditation session with students. The students actively participated in both the sessions and thoroughly enjoyed both of them. The key mantras and exercises taught in this guest lecture will definitely help the students and faculties who attended these sessions to manage their stress and also help them incorporate healthy habits in their lives.




Felicitating Speaker Mrs. Bharti Iyer



Felicitating Speaker Ms. Gurpreet Kaur Khalsa



MRS. BHARTI IYER
 (Yoga Instructor, Digital Yoga Coach,
 Corporate Yoga Trainer and Author)

WDC in collaboration with PICA Senate and Anubhuti presents -

HEALTH AND WELLNESS FOR STRESS MANAGEMENT

MS. GURPREET KAUR KHALSA
 (Soft Skills Trainer, TEFL Coach,
 Poet, Self Confidence Coach)

JOIN US ON - 20th December 2022
 TIME - 2:00 PM
 VENUE - 6th Floor Mini Auditorium

Pillai College of Architecture, New Panvel
 UNIVERSITY OF MUMBAI



Latitude: 18.99053
Longitude: 73.128229
Elevation: 32.7641 m
Accuracy: 14.1 m
Time: 12-20-2022 14:48

Head-shoulder-knee-toes game



Latitude: 18.990483
Longitude: 73.128193
Elevation: 32.7611 m
Accuracy: 13.7 m
Time: 20-12-2022 14:52

Practicing Laughter Yoga



Latitude: 18.990526
Longitude: 73.128232
Elevation: 32.7641 m
Accuracy: 20.0 m
Time: 12-20-2022 15:01

Practicing Breathing Exercise



Latitude: 18.990521
Longitude: 73.128231
Elevation: 32.7641 m
Accuracy: 20.0 m
Time: 12-20-2022 15:56

Interactive session with students



Latitude: 18.990529
Longitude: 73.12823
Elevation: 32.7642 m
Accuracy: 14.3 m
Time: 12-20-2022 15:34

Students volunteering for the task



Latitude: 18.990526
Longitude: 73.128228
Elevation: 32.7641 m
Accuracy: 12.3 m
Time: 12-20-2022 15:04

Practicing Meditation

SEM I (FIRST YEAR) B.ARCH 2022-23_R

Month : 20 December 2022

Assignment (Topic) : GUEST LECTURE ON HEALTH & WELLNESS FOR STRESS MANAGEMENT

S.No.	Adm. No.	Student Name	ATTENDANCE
1	2022PA0070	ACHARYA AISHWARYA CHANDRAKANT	- AB -
2	2022PA0008	AMDOSKAR GANESH RAJENDRA	<i>[Signature]</i>
3	2022PA0046	BHOIR YUKTA PRAFULL	- AB -
4	2022PA0012	BIDKAR VED PRADOSH	<i>[Signature]</i>
5	2022PA0088	BIRLA SAYLI MANOJ	<i>[Signature]</i>
6	2022PA0034	BOTHRA BHAVIN JITENDRA	- AB -
7	2022PA0053	BOTTA HARINI RAVI	<i>[Signature]</i>
8	2022PA0059	DALANE RUTUJA DATTUJI	<i>[Signature]</i>
9	2022PA0044	DALVI RADHIKA SURESH	<i>[Signature]</i>
10	2022PA0075	DASALE UNNATI PRAKASH	<i>[Signature]</i>
11	2022PA0029	DESHMUKH MAHASHANA SANDEEP	<i>[Signature]</i>
12	2022PA0042	DESHMUKH RITESH	<i>[Signature]</i>
13	2022PA0040	DEVDA YASH MOHAN	<i>[Signature]</i>
14	2022PA0067	DHAMAL PREM NANDKISHOR	<i>[Signature]</i>
15	2022PA0014	DHOPAVKAR LEENA AMIT	<i>[Signature]</i>
16	2022PA0060	GANGOTRI PARMESHWAR SHIVAJI	<i>[Signature]</i>
17	2022PA0017	GAURI DEVARSH PREM	- AB -
18	2022PA0064	GHARGHE GRISHMA NAGORAO	<i>[Signature]</i>
19	2022PA0051	GONDHALI RUDHRANI AMIT	- AB -
20	2022PA0020	HEMJIITH ANCHAL	<i>[Signature]</i>
21	2022PA0024	INGALE RUTUJA RAMESH	<i>[Signature]</i>
22	2022PA0032	JAISON SAMUEL	<i>[Signature]</i>
23	2022PA0036	JOSHI JAY PRAMOD	<i>[Signature]</i>
24	2022PA0054	KADAM BHAKTI TUKARAM	<i>[Signature]</i>
25	2022PA0068	KADAM MANTHAN BALWANT	<i>[Signature]</i>
26	2022PA0035	KALE YASH DEVIDAS	<i>[Signature]</i>
27	2022PA0089	KASKAR ESHA SHEKHAR	- AB -
28	2022PA0028	KATHIRIYA RUSHIL HEMANT	<i>[Signature]</i>
29	2022PA0066	KEDARI SHUBHAM PRAVIN	<i>[Signature]</i>
30	2022PA0077	KHAN TARANNUM RASHID	<i>[Signature]</i>
31	2022PA0063	KOLI PRATHAMESH KISHOR	<i>[Signature]</i>
32	2022PA0018	KOLI SUJAL RAVIRAJ	<i>[Signature]</i>
33	2022PA0023	KOTARKAR SUSAN SURENDRA	<i>[Signature]</i>
34	2022PA0015	MALI SANIT KAILASH	<i>[Signature]</i>
35	2022PA0062	MANKUMBARE SHRRAWANI ANKUSH	<i>[Signature]</i>
36	2022PA0027	MHATRE RUTUJA DEEPAK	- AB -

SEM I (FIRST YEAR) ■ ARCH 2022-23 ■ R

Month : 20th December 2022

Assignment (Topic) : GUEST LECTURE ON HEALTH & WELLNESS FOR STRESS MANAGEMENT

S.No.	Adm. No.	Student Name	ATTENDANCE
42	2022PA0079	NAGPURE ANURAG PANKAJ	Present
43	2022PA0080	NAVALE SUROMAYI ROHIDAS	Present
44	2022PA0019	PATIL HIRAJ VILAS	Present
45	2022PA0030	PATIL KANIKA	Present
46	2022PA0039	PATIL KOMAL KRISHNA	Present
47	2022PA0031	PATIL NAMRATA SAHADEV	Present
48	2022PA0085	PATIL PRANIAL MOTILAL	Present
49	2022PA0016	PATIL SANSKRUTI UDAY	Present
50	2022PA0058	PATIL SHRUTIKA GORAKHNATH	Present
51	2022PA0052	PEONEKAR PARTH PRAMOD	Present
52	2022PA0055	PINTO ALAN WILLIAM	Present
53	2022PA0061	PORE SHARADA ANANTA	- AB -
54	2022PA0011	RAJASEKARAN TAARIKA	Present
55	2022PA0050	RAO TANAYA SANTOSH	Present
56	2022PA0081	REHMANI SHAHARBANU SALIM	- AB -
57	2022PA0090	REPAL DIKSHA SASHARATH	Present
58	2022PA0078	SARKAR PIYALE BIMAL	Present
59	2022PA0047	SARMALKAR SUCHI SACHIN	- AB -
60	2022PA0043	SHAH MAHI BHAVESH	Present
61	2022PA0073	SHELAR CHAITANYA DEEPAK	Present
62	2022PA0069	SHRIWARDHANKAR JANHAVI MANGESH	Present
63	2022PA0037	SINGH SHANU PRADEEP	Present
64	2022PA0048	SONAR PRATHAM ANIL	Present
65	2022PA0018	SULE MRUNMAYEE YOGESH	Present
66	2022PA0025	SURYAWANSHI SATYAJEET SHIVAJI	Present
67	2022PA0065	TALMALE SHREYA DEVENDRA	Present
68	2022PA0056	TAMHANKAR ESHA SUDHIR	- AB -
69	2022PA0074	TANDEL NISHANT JAGDISH	Present
70	2022PA0041	TAWDE YUTIKA SUSHIL	Present
71	2022PA0072	THAKKAR JAYANT HARISH	Present
72	2022PA0021	VYAS RAHUL	Present
73	2022PA0022	WAKODE PHERNA VIDYANAND	Present
74	2022PA0082	YUSUGADE PRACHETA PRASHANT	Present
75	2021PA0085	KADU DEVIKA GANESH	- AB -
76	2021PA0083	MORE ATHARV RAJESH	Present

WDC

SEM IV (SECOND YEAR) B.ARCH 2022-23

Month : 20th December 2022

Assignment (Topic) : GUEST LECTURE ON HEALTH & WELLNESS FOR STRESS MANAGEMENT

S.No.	Adm. No.	Student Name	ATTENDANCE
1	2021PA0084	ACHARE VAISHNANAVI ADASHEB	Present
2	2021PA0005	ANAMIKA PRAMOD	Present
3	2021PA0059	ANANYA MITESH DAHATE	-AB-
4	2021PA0020	BAVISKAR CHINMAY HEMANT	-AB-
5	2021PA0081	BHAGAT PRATHMESH SANTOSH	Present
6	2021PA0007	BHARAMBE KIRTI AVINASH	Present
7	2021PA0050	BHOSALE ROHAN MAHENDRA	-AB-
8	2021PA0076	CHAVAN SAKSHI HEMANTKUMAR	-AB-
9	2021PA0053	DALAVI SEJAL SANJAY	Present
10	2021PA0018	DESAI SAEED MAHESH	-AB-
11	2021PA0024	DURGE AARYA NARENDRA	-AB-
12	2021PA0034	GANGURDE SALONI PRADEEP	Present
13	2021PA0040	ISHA NDORUDDIN SHEIKH	Present
14	2021PA0035	JADHAV SIDDHI DINESH	-AB-
15	2021PA0071	JAIN HIMANSHU MANOJ	Present
16	2021PA0008	JANHAVI JAYANTINATHAN IYER	Present
17	2021PA0015	KAMBLE PRACHITI SURESH	Present
18	2021PA0027	KAMSETTI SANJANA VENKATARAMANA	Present
19	2021PA0045	KANKALE JANHAVI DILIP	-AB-
20	2021PA0077	KARANGUTKAR SAISH SHRISH	-AB-
21	2021PA0002	KARKHANIS AASTHA ANANT	Present
22	2021PA0001	KARNIK CHARA NIKET	-AB-
23	2021PA0043	KHADAKBAN NIKHIL SANTOSH	Present
24	2021PA0079	KHANDARE MRUNAL SUNIL	Present
25	2021PA0016	KULKARNI SHRAVANI VIRENDRA	Present
26	2021PA0082	LAO SHREYAS RAJESH	-AB-
27	2021PA0088	MALI TRUPTI HARIBHAU	-AB-
28	2021PA0069	MANGE RIYA RAJESH	-AB-
29	2021PA0047	MEHTA JLL KIRANKUMAR	Present
30	2021PA0068	MHATRE ATHARVA DINESH	Present
31	2021PA0037	MISTREE FARHAN PARVEZ	-AB-
32	2021PA0054	MULIK DHAVAL DHANAJI	Present
33	2021PA0063	NARKHEDE VEDANT LILADHAR	-AB-
34	2021PA0078	NIVIKA SREEKUMAR	-AB-
35	2021PA0011	OM BHIRUD	Present
36	2021PA0030	OMBLE SHRUSHTI BANDU	Present
37	2021PA0072	PACHANGANE SNEHAL BABAN	Present
38	2021PA0057	PARSUTKAR RUCHITA ANIL	Present
39	2021PA0041	PASTARIA ARIYAN RAJESH	Present
40	2021PA0074	PATEL HARDI HARESH	-AB-
41	2021PA0052	PATIL DIVYA SANTOSH	Present
42	2021PA0026	PATIL JULIEE PRADEEP	-AB-

SEM IV (SECOND YEAR) B.ARCH 2022-23

Month : 20th December 2022

Assignment (Topic) : GUEST LECTURE ON HEALTH & WELLNESS FOR STRESS MANAGEMENT

S.No.	Adm. No.	Student Name	ATTENDANCE
43	2021PA0062	PAWAR SAMEER GANESH	<u>Sawar</u>
44	2021PA0006	PILLAI SHWETA THULASEEDHARAN	<u>Shweta</u>
45	2021PA0060	PRANAY SUNIL NAIK	-AB-
46	2021PA0055	RANAWAT DARSH HEMANT	-AB-
47	2021PA0089	REWALE VAISHNAVI SURESH	-AB-
48	2021PA0046	RIMA GEORGE	<u>George</u>
49	2021PA0010	RYAN FRANCIS	<u>Ryan</u>
50	2021PA0021	S S SABARI ADHARSH	<u>Sabari</u>
51	2021PA0067	SABLE AFREEN ASHFAQ	<u>Ashfaq</u>
52	2021PA0049	SABLE SHREYASH	-AB-
53	2021PA0036	SAHASRABUDHE YASH SHREENAND	<u>Yash</u>
54	2021PA0025	SANGVEKAR MUGDHA KISHOR	<u>Mugdha</u>
55	2021PA0058	SAU TANMAY PRAVASHCHANDRA	<u>Tanmay</u>
56	2021PA0012	SHAH HRISHIKESH HIREN	<u>Shrikesh</u>
57	2021PA0073	SHIRKE PURVA RAVINDRA	<u>Purva</u>
58	2021PA0038	SYBIL CHINMAY	-AB-
59	2021PA0019	UNDALE AKANKSHA RAJARAM	-AB-
60	2021PA0022	VADAKKAN REIA BABU	<u>Reia</u>
61	2021PA0075	VARMA SHREEYA ASHOK	-AB-
62	2021PA0070	VEDPATHAK SHREYA SHREEKRISHNA	-AB-
63	2021PA0048	VELAPURE YASH VINOD	-AB-
64	2021PA0003	VISHNUDEV ANILKUMAR	-AB-
65	2021PA0080	VISLAVATH PRAVEEN NAIK	<u>Praveen</u>
66	2021PA0056	WAVHAL DIKSHA SANDEEP	<u>Diksha</u>
67	2020PA0014	DENNIS PHILIP	<u>Dennis</u>
68	2019PA0093	ANAND ADITYA	-AB-
69	2022PA0001	SHAIKH TAHURA FAIYAZUDDIN	-AB-
70	2020PA0085	BHOIR YUGANTA	-AB-
71	2020PA0004	GIRISH AKSHITAA	-AB-
72	2020PA0068	VELHAL ATHARVA DHEERAJ	-AB-

12/28/22, 1:20 PM

Mahatma Education Society Mail - Content for Flyer and Poster.



Sumitra Kadam <sumitradadam@mes.ac.in>

Content for Flyer and Poster.

2 messages

GurpreetKaur Khalsa <missgurpreetkaurkhalsa@gmail.com>
To: Sumitra Kadam <sumitradadam@mes.ac.in>

Wed, Dec 14, 2022 at 2:30 PM

Dear Madam,

Please find the attachment with this mail having the pictures of ms.Gurpreet Kaur Khalsa and Mrs.Bharti Iyer for the poster.

Kindly include the following brief details along with the picture.

For Ms.Gurpreet Kaur Khalsa

Soft Skills Trainer, TEFL Coach, Poet, Self Confidence Coach.

Social Media handles:

Facebook (logo)- Gurpreet Kaur Self Confidence Coach

LinkedIn - Gurpreet Kaur (Sethi) Khalsa

For Mrs. Bharti Iyer

Yoga Instructor, Digital Yoga Coach, Corporate Yoga Trainer and Author.

Social Media handles: attached in this email is a picture with the handles and logos

Thank You!

On Mon, 5 Dec 2022, 14:40 GurpreetKaur Khalsa, <missgurpreetkaurkhalsa@gmail.com> wrote:

Dear Madam,

Thank You for the invitation at your esteemed institution. We hereby confirm our participation for the same.

Thanks & Regards,

-Ms.Gurpreet Kaur

On Mon, 5 Dec 2022, 08:48 Sumitra Kadam, <sumitradadam@mes.ac.in> wrote:

Dear Madam,

With reference to your telephonic conversation with Bhide Madam, Pilai College of Architecture (PCA) under the banner of Women Development Cell (WDC) would like to invite you and Ms. Bharti Iyer for a guest lecture / demo session for our architecture students. The details of the guest lecture are as follows:

Topic : Health and Wellness for Stress Management

Venue : Pilai College of Architecture, New Parvat

Date : 20th December, 2022

Time : 2:00 PM

Kindly confirm your availability for the same by reverting back to this mail as early as possible.

Also, kindly let us know the arrangements to be made from our end for the successful execution of the session.

Thanks,

-

Sumitra S. Kadam

Assistant Professor

<https://mail.google.com/mail/u/0/?ui=2&ik=921182001c&view=pt&asarch=ef&permmsgid=thead-Pf2A17521793742253031922&siml=msg-Pf2A17521793742...> 1/3

12/26/22, 1:20 PM

Mahatma Education Society Mail - Contact for Flyer and Poster

Dear Nitya,

The speaker has shared their photos and profile. I am forwarding the mail to you. Kindly share it with the respective students for the poster required for the program.

Thanks,
Sumitra Kadam

[Quoted text hidden]

3 attachments



IMG-20221213-WA0005.jpg
43K



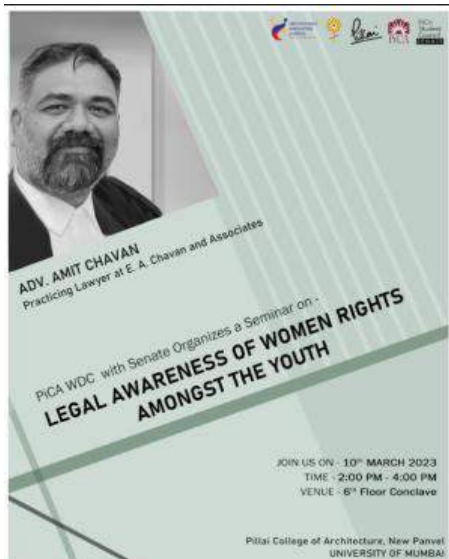
IMG_20221117_102353.jpg
160K



Screenshot_2022-12-14-14-28-17-18_6012fa4d4ddec268fc5c7112cbb265e7.jpg
551K

M.E.S.		
PILLAI COLLEGE OF ARCHITECTURE , New Panvel		
Legal awareness of women’s rights amongst the youth		
Subject : International Women’s Day	Session :	Year:2023
Date : 10 th March	Time:2:30 pm	Venue: 6 th floor Auditorium

Faculty	Co-ordinator : Shubhangi Bhide, Sayalee Kulkarni
	Guest Speaker: Adv. Amit Chavan



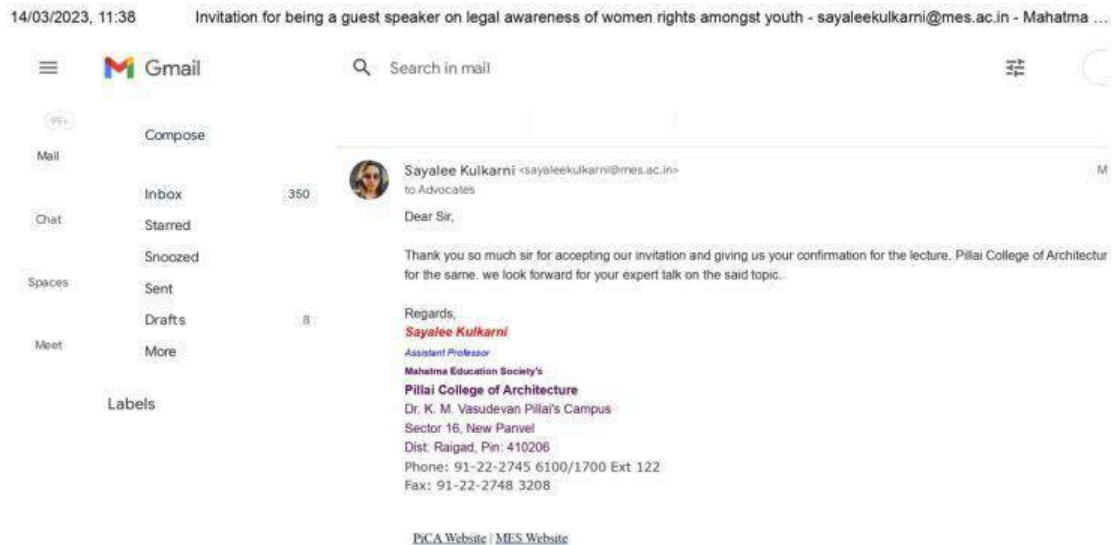
Legal empowerment of women is an effective tool to grant them courage to face the challenges of life and seek justice for the crimes against them. Awareness of the rights of women can be truly meaningful if that awareness is created amongst the younger generations of our society, as such awareness assists a person in identifying his role in the general social upliftment of the country and its people. As a step towards reinforcing the women empowerment, PICA’s Women Development Cell (WDC) along with senate council had organized a seminar on “Legal awareness of women’s rights amongst the youth”.

Adv. Amit Chavan who is a practicing lawyer in Panvel was invited as a guest speaker. Adv. Chavan practices law since 2011 at E.A. Chavan and associates located in Panvel, Navi Mumbai and are listed under – legal

documents family law and property law. He specializes the civil, family conveyance and revenue and tenancy.

The session began with an audience of around 90 students and faculty members in the mini Auditorium of PICA. Adv. Amit Chavan was welcomed with a short introduction by senate council student and then the stage was handed over to Adv. Amit after which he started off with a very interactive session and believed that mere PowerPoint presentations are always one sided conversations. As he started interacting, he provided nice insights of the “right of choice” for a female in other animal families than human. The example of male weaver bird building a house and getting it approved from the female weaver bird was very much relatable and was etched in the mind of the audience. The conversation then went to the technical terms of law in which he introduced few legal terminologies like modesty, disrobing, dishonoring, outraging

modesty etc. he made everyone understand what the terms mean and what it can cause if a woman decides to take legal assistance for enacting laws against them. Few of the laws were specified for the male audience as it is necessary for them to understand and be aware of, if in any case they see any misdeed happening towards a woman around them, even they can enact if they are aware of the legal rights that women possess. Adv. Amit tried to keep the conversation very simple, with very less technical terms as the aim was to make everyone aware of the rights and not spread only the book knowledge. The seminar concluded with question answer session wherein the audience seemed very keen as a lot of questions came up and each of them were very humbly answered by our guest. WDC expressed its gratitude towards our guest by presenting him a token of appreciation.



14/03/2023, 11:38

Invitation for being a guest speaker on legal awareness of women rights amongst youth - sayaleekulkarni@mes.ac.in - Mahatma ...

The screenshot shows a Gmail interface with a sidebar on the left containing navigation options: Compose, Mail, Chat, Spaces, Meet, and Labels. The main content area displays an email from E.A.Chavan & Associates, Advocates, with a subject line 'Invitation for being a guest speaker on legal awareness of women rights amongst youth - sayaleekulkarni@mes.ac.in - Mahatma ...'. The email body contains the following text:

E E.A.Chavan & Associates, Advocates
to me, Shubhangi.Sudhya

Namaskar Shrimati Sayalee Kulkarni,

Thank you for your email and the invitation. I will be glad to interact with your students and faculty on the topic as s Shrimati Shubhangi Bhide over the phone. I will reach the college on 10th March at 2pm.

Thank you once again.

Regards,
Adv Amit Chavan
M.Sc. LL.B.
Honorary Wildlife Warden Raigad
Mahamantri, Sanakar Bharati U.Raigad Jilha.
Panel Member CBFC.

14/03/2023, 11:15

Invitation for being a guest speaker on legal awareness of women rights amongst youth - sayaleekulkarni@mes.ac.in - Mahatma ...

The screenshot shows a Gmail interface with a sidebar on the left containing navigation options: Compose, Mail, Chat, Spaces, Meet, and Labels. The main content area displays an email from Sayalee Kulkarni, with a subject line 'Invitation for being a guest speaker on legal awareness of women rights amongst youth - sayaleekulkarni@mes.ac.in - Mahatma ...'. The email body contains the following text:

S Sayalee Kulkarni -sayaleekulkarni@mes.ac.in-
to advchavanandassociates, Shubhangi.Sudhya, bcc: Sumitra

Dear Sir,

With reference to your telephonic conversation with Bhide Madam, Women Development Cell (WDC) of Pilai College of Archt a guest speaker on the topic "legal awareness of women rights amongst the youth".
The details of the seminar are as follows -

Topic: Legal awareness of women rights amongst the youth
Venue: Pilai College of Architecture, New Panvel
Date: 10th March 2023
Time: 2:30 PM

It would be a great pleasure, if you could confirm your availability for the same by reverting back to this mail as early as poss be appreciable.

Thank you in anticipation.

Regards,
Sayalee Kulkarni
Assistant Professor
Mahatma Education Society's





M.E.S.		
PILLAI COLLEGE OF ARCHITECTURE , New Panvel		
Training and Awareness Program on Rights of Woman		
	Session :	Year:2023
Date : 5th December, 2022	Time:2:00 pm	Venue: Mini Auditorium

Faculty	Co-ordinator : Shubhangi Bhide, Sumitra Kadam, Sayalee Kulkarni
	Guest Speaker: Dr. Karuna Malviya

In today's fast-paced world, women have been multi-tasking and playing an important role in shaping the progress of nation. However, in this journey, they often become sufferers of abuse, violence, sexual harassment etc. Considering the fact that women have to face these issues in day-to day life, MES Pillai College of Architecture and Pillai College of Arts, Commerce and Science along with Women Development Cell conducted an informatory session on rights of women with respect to sexual harassment at workplace and domestic violence for non-teaching female staff of the campus. The target audience was majorly the house-keeping female staff as they are often the ones who are hesitant to raise their voice against such incidences. The guest speaker was Dr. Karuna Akshay Malviya who is a well-known lawyer and has worked intensively on women's rights. She very well explained everyone about the actions that come under domestic violence and sexual harassment. The most important point highlighted by her which most people are unaware was that domestic violence and sexual harassment need not always be a physical act but also includes psychological abuse. The entire process right from lodging a complain to the proceeding methods was elaborated by Dr. Karuna. She also mentioned the importance of lodging a complain under F.I.R. in police station rather than under non-cognizable offence and informed about zero F.I.R. for cases wherein the police station doesn't come under the jurisdiction where the offence has been conducted. The house-keeping female staff also shared their experiences, asked queries and got their doubts resolved. Overall, the session was very informative and insightful for all the attendees. Laws are made for the public and its very necessary that the public is aware of their rights and duties. This

lecture was an apt session for making women aware of their constitutional rights if they face any domestic violence or sexual harassment at their workplaces.



Latitude: 18.990469
Longitude: 73.12824
Elevation: 23.96±2 m
Accuracy: 20.0 m
Time: 05-12-2022 13:44

Powered by NoteCam



Mahatma Education Society's




**PILLAI COLLEGE OF ARCHITECTURE &
PILLAI COLLEGE OF ARTS, COMMERCE AND SCIENCE**

New Panvel
Affiliated to University of Mumbai



Training and Awareness Program

on Rights of Woman with respect to sexual harassment at workplace and Domestic violence for non- teaching female staff of our campus

-  Mini Auditorium
-  December 5th 2022
-  12:00 pm

Organized By-
**Soroptimist Welfare
Association (Soroptimist
International Bombay
Chembur) in association with
Women Development Cell**

Resource Person



Dr. Karuna Akshay Malviya
BLS, LL.M.(CRIMINAL LAW),
NET, SRF (UGC), DCL,
PhD (LAW), CCP

M.E.S.		
PILLAI COLLEGE OF ARCHITECTURE , New Panvel		
CYBER SECURITY		
Subject : CYBER SECURITY	Session :	Year:2023
Date : 30TH January	Time:2:00 pm	Venue:6th floor auditorium

Faculty	Co-ordinator : Shubhangi Bhide, Sumitra Kadam, Sayalee Kulkarni
	Guest Speaker: Mr. Jitendra Malik

When our world revolves around technology, it is important that we know to guard ourselves from its predators. Cyber security is a practice of defending computers, servers, mobile devices, electronic systems, networks and data from malicious attacks.

Women Development Cell (WDC) in collaboration with Institute's Council (IIC) and Bharat Vikas Parishad (BVP) had organized a seminar on Cyber security with guest speaker Mr. Jitender Malik who is a Manager (management services, finance, HR) at Hindustan Organic Chemicals Ltd. (HOCL). Around 53 students along with faculty members attended the seminar and got enlightened about the threats that technology brings along with it.

The session started with the tribute to our nation by singing Vande Matarm song and later with introduction of our guest speaker, who then presented and spoke about various types of cyber threats a system can cause and how it is spread through various gadgets using internet. He threw light on the relevance of cyber security with Architecture in which he highlighted points like how an intellectual property be protected, compliance of industrial standards, protection of personal information and what are the career opportunities if you chose cyber security as an education field. He also acknowledged about various techniques for preventing cyber threats. The presentation ended with a question answer session where students asked questions about mobile threats and some mobile banking threats.

The seminar concluded by a vote of thanks after which our guest speaker was felicitated with a token of appreciation for his guidance on an important aspect in the growing technological world.

28/02/2023, 15:49

☰ Gmail

Compose

Mail

- Inbox
- Starred
- Snoozed
- Sent
- Drafts
- More

Chat

Spaces

Meet

Labels

Invitation for Guest Lecture on Cyber Security - sayaleekulkarni@mes.ac.in - Mahatma Education Society Mail

Q wdc X 𑖞 𑖟

311 Invitation for Guest Lecture on Cyber Security External Inbox x

S Sumitra Kadam <sumitradadam@mes.ac.in>
to: malikj, dr.kirtisamudra, Sudnya, Shubhangi, bcc: me

7

Dear Sir,

With reference to your telephonic conversation with Bhide Madam, Women Development Cell (WDC) of Pillai College of Archt Parishad (Panvel Branch) would like to invite you for a special lecture on Cyber Security for our architecture students. The de

Topic : Cyber Security
Venue : Pillai College of Architecture, New Panvel
Date : 30th January, 2023
Time : 2:30 PM

Sir, it would be great if you could confirm your availability for the same by reverting back to this mail as early as possible.

Thanks,

—
Sumitra S. Kadam
Assistant Professor

28/02/2023, 15:49

☰ Gmail

Compose

Mail

- Inbox
- Starred
- Snoozed
- Sent
- Drafts
- More

Chat

Spaces

Meet

Labels

Invitation for Guest Lecture on Cyber Security - sayaleekulkarni@mes.ac.in - Mahatma Education Society Mail

Q wdc X 𑖞 𑖟

311 Sumitra Kadam <sumitradadam@mes.ac.in>
to: JITENDER, dr, sudnyamahinkar, sbhide, bcc: me

7

Dear Sir,

Thank you Sir for accepting our invitation and giving us your confirmation for the lecture. Pillai College of Architecture will be same. We look forward to your expert talk on Cyber Security.

Thanks,
Sumitra Kadam

On Mon, Jan 23, 2023 at 3:33 PM JITENDER MALIK <malik_j@hycindia.com> wrote:

Dear Madam / प्रिय सहेदीया,

Thank you for the invitation to speak on the topic of Cyber Security at Pillai College of Architecture. I am pleased to accept on January 30th at 2:30 PM. I will be happy to provide students with some insights and information on the subject.

Thank you for considering me as a speaker.

सदर धन्यवाद,
Thanks and regards,
जितेंद्र मालिक (Jitender Malik)



MR. JITENDER MALIK

Hindustan Organic Chemicals Ltd
Manager (Management Services/
Finance/ HR)

Women Development Cell (WDC) in collaboration with Institution's
Innovation Council (IIC) and Bharat Vikas Parishad, Panvel (BVP)

CYBER SECURITY

JOIN US ON - 30th January 2023
TIME - 2:30 PM Onwards
VENUE - 6th Floor Mini Auditorium

Pillai College of Architecture, New Panvel
UNIVERSITY OF MUMBAI



S. No.	Roll No.	Student Name	ATTENDANCE	NO. OF SHEETS	SUBMISSION DATE	STUDENT'S SIGN	MARKS	RETURNED & RECEIVED STUDENT'S SIGN	RE. SUBMISSION DATE	IMPROVED MARKS	RETURNED DATE
26	2021PA00027	CHHAYAN K. DAVE									
27	2021PA00028	PAUL TRIPATI HARBHAI									
28	2021PA00029	MANGI RIVA RAJESH									
29	2021PA00030	NEETA HIL KIRANVINDAR									
30	2021PA00031	HEMATI ATHARVA DINESH									
31	2021PA00032	KRISHNA FARHAN FARVIZ									
32	2021PA00033	MILIK DHEVAL DHANAI									
33	2021PA00034	NARENDRE VIKRANT LALCHIAN									
34	2021PA00035	NIVIKA SURESHKUMAR									
35	2021PA00036	OM BHIBUD									
36	2021PA00037	CHHAI SHREJATI BANDU									
37	2021PA00038	PACHANGANE SNEHAL BABAN									
38	2021PA00039	PANISUTKAR RUCHITA ANIL									
39	2021PA00040	PASTANBA ARYAN RAJESH									
40	2021PA00041	PATEL HARSHI HARESH									
41	2021PA00042	PATEL DIVYA SANTOSH									
42	2021PA00043	PATIL JULEE PRADEEP									
43	2021PA00044	PANWAR SAHIL GANESH									
44	2021PA00045	PELLI SHWETA THULASETHURAN									
45	2021PA00046	PHANAY SONIL NAIK									
46	2021PA00047	PANAWATI DARSHI HETUMANT									
47	2021PA00048	REWALE VAISHNAVI SURESH									
48	2021PA00049	RIMA GEORGE									
49	2021PA00050	RYAN FRANCIS									
50	2021PA00051	S S SABARI ADHYARSH									

Month : _____

Subject: _____

Faculty: _____

Assignment (Topic) : _____

S.No.	Adm. No.	Student Name	ATTENDANCE	NO. OF SHEETS	SUBMISSION DATE	STUDENT'S SIGN	MARKS	RETURNED & RECEIVED STUDENT'S SIGN	RE-SUBMISSION DATE	IMPROVED MARKS	RETURNED DATE
51	2021PA0067	SABIE AFREEN ASHEAQ									
52	2021PA0049	SABIE SHREYASH									
53	2021PA0036	SAHASRABUDHE YASH SHREENAND									
54	2021PA0025	SANGDEKAR MUGDHA KISHOR									
55	2021PA0058	SAU TANMAY PRAVASHCHANDRA									
56	2021PA0012	SHAH HIRSHIKESH HIREN									
57	2021PA0073	SHIRKE PURVA RAVINDRA									
58	2021PA0038	SRIBIL CHINIKAY									
59	2021PA0019	UNDALE AKANKSHA RAJARAM									
60	2021PA0022	VADAKKAN REJA BABU									
61	2021PA0075	WARMA SHREYA ASHOK									
62	2021PA0070	VEDPATHAK SHREYA SHREKRISHNA									
63	2021PA0048	VELAPURE YASH VINOD									
64	2021PA0003	VISHNUDEV ANILKUMAR									
65	2021PA0060	VISLAVATH PRAVEEN NAIK									
66	2021PA0056	WAVHAL DIKSHA SANDEEP									
67	2020PA0014	DEVNIS PHILIP									
68	2019PA0093	ANAND ADITYA									
69	2022PA0001	SHAIKH TAHURA FAIYAZUDDIN									
70	2020PA0085	BHOIR YUGANTA									
71	2020PA0004	GIRISH AKSHITAA									
72	2020PA0068	VEJHAL ATHARVA DHEERAJ									
73	2020PA0095	TODANKAR SRUSHTI VAIBHAV									

Month : _____
 Assignment (Topic) : _____

SEM IV (SECOND YEAR) B.ARCH 2022-23_R
 Subject: CYBER SECURITY

Prof: S. Pride

S.No.	Adm. No.	Student Name	ATTENDANCE	NO. OF SHEETS	SUBMISSION DATE	STUDENT'S SIGN	MARKS	RETURNED & RECEIVED STUDENT'S SIGN	RE-SUBMISSION DATE	IMPROVED MARKS	RETURNED DATE
1	2021PA0084	ACHARE VAISHNANAVI ABASAHEB	<i>[Signature]</i>								
2	2021PA0095	ANAMIKA PRAMOD	<i>[Signature]</i>								
3	2021PA0059	ANANYA MITESH DAHAITE	<i>[Signature]</i>								
4	2021PA0020	BAVISKAR CHINMAY HEMANT	<i>[Signature]</i>								
5	2021PA0081	BHAGAT PRADEEP SANTOSH	<i>[Signature]</i>								
6	2021PA0007	BHARAMBHE KIRTI AVINASH	<i>[Signature]</i>								
7	2021PA0050	BHOSALE ROHANAARENDEA	<i>[Signature]</i>								
8	2021PA0076	CHAVAN SAKSHI HEMANTKUMAR	<i>[Signature]</i>								
9	2021PA0053	DALVI SEAL SAUNAV	<i>[Signature]</i>								
10	2021PA0018	DESAI SAEEL MAHESH	<i>[Signature]</i>								
11	2021PA0024	DURGE AARVA NARENDRA	<i>[Signature]</i>								
12	2021PA0034	GANGURDE SALONI PRADEEP	<i>[Signature]</i>								
13	2021PA0040	ISHA MOORUDDIN SHEKH	<i>[Signature]</i>								
14	2021PA0035	JADHAV SIDDHI DINESH	<i>[Signature]</i>								
15	2021PA0071	JAIN HIMANSHU JYAMAJ	<i>[Signature]</i>								
16	2021PA0008	JAINHAVI JAYAKANTHATHAN IYER	<i>[Signature]</i>								
17	2021PA0015	KAMBLE PRACHI SURESH	<i>[Signature]</i>								
18	2021PA0027	KAMISETTI SANJANA VENKATARAMANA	<i>[Signature]</i>								
19	2021PA0045	KANKALE JAINHAVI DILIP	<i>[Signature]</i>								
20	2021PA0077	KARANGUTGAR SAKSHI SHRISH	<i>[Signature]</i>								

6	ODG request letter 18/03/2021	Dr. Anand Prasad Kulkarni	26/10/2020	₹ 2000/-	₹ 2000/-	₹ 2000/-
7	FDP 2020	Aniruddh Shalbhayam 9838232000	26/10/2020	₹ 750	₹ 750	₹ 750
8	FDP 2020	Tamara Deka 9619664204	26/10/2020	₹ 11800/-	₹ 11800/-	₹ 11800/-
9	9/10/2020 Cyber Security - Remediation	Dr. Jitendra Malhotra 9226931911	26/10/2020	₹ 1500/-	₹ 1500/-	₹ 1500/-
10	Nirmal Totale	MS. Nityapraday	1/12/2020	₹ 3000/-	₹ 3000/-	₹ 3000/-

Attach:

1. Email communication with the guest or invitee (Invitation, Acceptance, Thank you note)
2. CV of the guest
3. Event Poster
4. Original Photographs of the event with geo-tagging
5. Students and faculty attendance Record
6. Video clip of the event or You-tube link
7. Guest payment proof

Please upload this event report on Pica Repository:

<https://drive.google.com/drive/folders/13zELUZaJlWmZ1V8xdVRbOQSZ5lgLASZM?usp=sharing>

And fill in the details of this event in the spreadsheet:

<https://docs.google.com/spreadsheets/d/1RK0azkpiXvST0feBCgCknwZ4zf0ha2CZ-RcmA3jPYfQ/edit?usp=sharing>

Details of the event:

- When and How the event was conducted
- Significance of the event/topic
- Brief introduction of the guest
- Gist / points covered in lecture / event
- Brief take away of the event/lecture
- Photographs of:
 - Poster
 - Event pics
 - Screenshots in case of online lecture

M.E.S.		
PILLAI COLLEGE OF ARCHITECTURE , New Panvel		
International Women's Day		
Subject : International Women's Day	Session :	Year:2023
Date : 8 th March	Time:2:00 pm	Venue: Conclave

Faculty	Co-ordinator : Shubhangi Bhide
	Guest Speaker: Swathi Mukharjee

Mahatma Education Society's Pillai group of Institutions celebrated International womens day on 8th March 2023 at Dr. .M. Vasudevan Pillai campus, sector 16, new Panvel. To celebrate this day, the women development cell (WDC) of Pillai College of Architecture along with faculty members attended the felicitation programme of Ms. Swathi Mukharjee, who is the recipient of soroptimist excellence award 2023 and is a managing trustee of Vatsalya foundation. The program was arranged in the conclave and it began as Ms. Swathi addressed the attendees. She began her speech with a prayer "Guru Brahma, Guru Vishnu, guru devo Maheshwara, guru sakshat parabrahma, tasmaishree guruvanamaha. With these lines she said that she believes that somewhere we all are connected in this universe where the Guru has shown us the path to get connected. And to be connected with any kind of social work one has to be polite which means you should be – P-passionate, O-observant, L-listening, I – innovative, T-train yourself, E-Empathy. One should be on the ground to see and observe and work with the kids who stay on the streets as they treat it as their home.

After the many enlightening words from Ms. Swathi, she was felicitated by Ms. Daphnie Pillai , Chairperson, management board, MES and former president of Soroptimist International Bombay, Chembur. An organization which is affiliated to the international body Soroptimist International, that works for the welfare of women and girl child. The theme of soroptimist International is Educating, Empowering and Enabling" women to build better lives for themselves. This year the theme is "Embrace Equity".

The program concluded by a question answer session with the guest speaker and a vote of thanks by the organizing committee.



Pillai Group of Institutions
in association with
Soroptimist International Bombay Chembur
welcomes



MS. SWATHI MUKHERJEE
Managing Trustee, The Vatsalya Foundation
*Recipient of the
Soroptimist Excellence Award 2023*

on the occasion of

INTERNATIONAL WOMEN'S DAY

Date: March 8, 2023 | Time: 2-3 pm
Venue: Conclave 1, Dr. K.M.Vasudevan Pillai Campus

An Initiative of the Social Service Committee



Latitude: 18.990517
Longitude: 73.128048
Elevation: 46.26±1 m
Accuracy: 16.1 m
Time: 08-03-2023 15:01
Note: womens day

Powered by NoteCam





Attach:

1. Email communication with the guest or invitee (Invitation, Acceptance, Thank you note)
2. CV of the guest
3. Event Poster

4. Original Photographs of the event with geo-tagging
5. Students and faculty attendance Record
6. Video clip of the event or You-tube link
7. Guest payment proof

Please upload this event report on Pica Repository:

<https://drive.google.com/drive/folders/13zELUZaJlwMz1V8xdVRbOQSZ5lgLASZM?usp=sharing>

And fill in the details of this event in the spreadsheet:

<https://docs.google.com/spreadsheets/d/1RK0azkpiXvSTOfEBCgCknwZ4zf0ha2CZ-RcmA3jPYfQ/edit?usp=sharing>

Details of the event:

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